

1 person found this helpfulDecember 26, 2014Learn MoreLearn MoreWhy are my lips crooked when I smile? Why is my smile crooked? These and more are questions, walk you through everything you need to know about crooked teeth and show you how you can fix crooked teeth. Our smile speaks a lot, and we need to do everything possible to maintain a perfect smile. Having a crooked smile might make you feel depressed or unpleasant, making you feel less confident and always holding your beautiful smile back. When you meet people, your smile is one of the first things they notice, and as you know, the first impression matters a lot. However, unfortunately, many people are not born with straight or perfectly aligned teeth, which has affected their smiles. According to an American Association of Orthodontists survey, over 30 percent of Americans are unhappy with their smile. Many people are not satisfied with their smiles, and one of the significant causes is misaligned or crooked teeth. For those who do not know, a crooked smile is a smile that is not straight, uneven, slanted, or not leveled. Why is my lip crooked when I smile? Why is my mouth crooked when I smile? Well, a crooked smile is caused by misaligned or crooked teeth; there is a wide range of causes of the major cause teeth than they do over the color of their skin or hair. Skin issues or hair loss may not be hereditary. However, if crooked teeth and dental crowding are common dental issues in your family, chances are you will also suffer from the same condition. You might not be able to escape this condition if your parents suffer from it. The size of your mouth can also be determined by genetics. People with a smaller mouth are more likely to have crowded teeth. Crowded teeth can result in the shifting of other teeth, causing your smile to lose alignment. If your jaws are not aligned properly, they can also affect your smile usually the cause of overbite and underbite. Why is my upper lip crooked when I smile with my teeth? Well, you can also experience a crooked smile due to poor childhood habits. Children between the ages of 5 and 7 years tend to be at a higher risk of developing crooked teeth. The chances of developing crooked teeth are even higher if bad habits become the childs routine. Infants and toddlers are known to suck their thumbs, and it is acceptable at that tender age. This natural phenomenon occurs when they are trying to comfort or self-soothe themselves. Nevertheless, if the child grows up with this habit until the permanent teeth start coming out, it might suffer permanent teeth start coming out, it might suffer permanent damage to the teeth. teeth, such as changing their position. This bad childhood habit can cause overcrowding, a misaligned bite, and crooked teeth. It can affect the individuals speech, making it difficult to pronounce certain letters. Another common cause of crooked smiles is facial or oral injury. Why is my smile crooked after falling? The mouth is susceptible to all types of damages. According to data from Dentcare.com, over 5 million teeth are displaced from their gums every year. Sports injury is one of the major causes of this type of injury. take out more than one tooth or shift the jaws position. In such cases, the remaining teeth would have to reposition themselves to cover the free space in the mouth. When this happens, the patient involved will have an imbalanced or misaligned smile. Moreover, if you have a chipped tooth, check this article on the cost of fixing chipped teeth. Smile makeovers are one of the quickest and most effective fixes to this dental issue. This cosmetic dental procedure helps to modify the appearance of the teeth, bite, or smile. If you are not happy with the look of your teeth, then a smile makeover can be the solution you need. Nevertheless, the primary aim of a smile makeover is not only to improve the appearance of your teeth; it provides a wide range of other benefits. For instance, misaligned teeth can cause bad breath and gum disease, and aligning the teeth correctly can help resolve many dental issues, some of which include: Uneven teeth Misaligned teeth Cracked or chipped teeth Tooth length Missing teeth Discolored teeth Tooth length Missing teeth Discolored teeth Tooth length a smile makeover is that it boosts your confidence of decreasing anxiety and improving self-confidence. This means you can go out on dates and smile in public comfortably. It helps to resolve different issues causing crooked smiles, such as misaligned teeth or uneven gums. Great First Impression and we all know that first impressions matter a lot. When you smile at people, you make them feel welcomed. According to research, a healthy, bright smile is associated with positive attributes such as success and trustworthiness. Your smile plays a vital role in making a great impression. Enhance Overall Oral HealthIn addition to enhancing the shape and appearance of your teeth, a smile makeover can also improve your overall oral health. There is a connection between your teeth, oral health and wellbeing. As such, taking care of your dental health will help improve your overall wellbeing. Crooked teeth provide a conducive environment for bacteria, which increases your chances of developing tooth decay or gum disease. Fortunately, straightening and aligning your teeth properly will help to prevent these issues and enhance your overall health. Improved Dental function. People with unhealthy teeth find it difficult to drink and eat a particular food. Chewing certain food becomes a problem when the teeth are not healthy This restorative procedure will restore your dental health, making it easy for you to eat whatever you want. Problems Associated with Crooked SmileErosion of gum tissuesDental fixes such as braces and clear alignersCleaning difficultyFacial exerciseChewing difficultySurgeryTooth SensitivityThere are diverse effects of misaligned bites and crooked teeth. This dental condition does not only affect the cosmetic of your teeth and smile; it can also affect your overall health and wellbeing. Why is my smile crooked after botox for synkinesis? Here are some of the problems associated with crooked teeth and misaligned bites. The gums are there to protect the teeth, ensuring they are firm in the jaws. According to a health report, almost 50 percent of American adults suffer from gum disease, so keeping your gum. According to CDC, one of the significant risk factors of gum disease is misaligned bites. Misaligned teeth can add more stress to the alveolar bone and gums, resulting in gum recession and inflammation. Another common issue with this dental problem is difficulty in cleaning. People with crooked teeth find it very difficult to clean their teeth. brushing them would become an issue. This usually puts the patient at risk of tooth decay and gum disease. To prevent periodontal disease and cavities, people with misaligned teeth also make chewing very difficult. People with misaligned bites usually find it difficult to break down food thoroughly before swallowing it. This can result in gastrointestinal problems. Misaligned teeth can affect the way you eat, resulting in gassing, cramping, bloating, and stomach ulcers (in severe cases). This tooth condition also causes tooth sensitivity. When some teeth have worn out more than others, it can result in the exposure of the dentin the softer tissue under the enamel of the teeth. Why is my smile always crooked? If your smile is always crooked, there are several ways you can fix it. Listed below are some of the best dental solutions to this problem is braces. You can straighten misaligned teeth with braces. You can contact your orthodontist to provide you with braces to straighten your crooked teeth. Braces are not a quick fix because you might have to wear them for up to one year or more to resolve the issue. Nevertheless, they provide impressive and permanent results. If you do not want to put on braces, you can opt for clear aligners. If your teeth are too short or chipped, then you should consider lengthening them with veneers. However, before you can use them. Why is my smile crooked after braces? It would help if you used the proper braces to get the best results. If you have a couple of chipped or crooked teeth, you can ask for a crown. These are covers that will sit on top of your teeth, making them look healthy and full. However, how you have to fix this dental issue is saying eeeeeeee, you should exaggerate your smile, and you should hold it for up to 20 seconds. After 20 seconds, say oooooh for about 20 seconds again while your lips are tightened like you are whistling. Repeat the whole process about 10 times a day, as it would help to straighten the muscles around your smile. Another quick facial exercise that can help is fish face. This exercise involves sucking in your cheeks until they meet inside your mouth. Hold it for about 15 seconds, and move your lips up and down while doing that. Holding a pencil in your mouth is another facial exercise involves putting a pencil in place. With the pencil in place, turn to the left, right, down, and up.Why is my smile crooked all of a sudden? If you do not want to use dental fixes such as surgery or braces to fix your crooked smile, you can rely on the facial exercises solution. You can correct your slanted smile exercises solutions to this dental issue. You can consult your orthodontist to know if a veneer is suitable for your condition. A lopsided smile can be caused by several things, including crowded or crooked teeth, genetics, tissue trauma, injury, and more. You can fix your lopsided smile means that the smile on one side is bigger than the other side. Crooked smiles are not attractive, which is why many people with this condition are looking for the best solution possible. Facial exercises are free of charge, as you can do them on your own. However, if you want dental fixes such as braces and surgery, you might spend between \$2,500 and \$8,000. Yes, braces can help fix a lopsided smile. Braces are a highly effective lopsided smile fix. However, they are not a quick fix. Having a crooked smile can make you lose self-confidence, and it has ruined the lives of many. Fortunately, this dental problem has a solution, and you should contact your orthodontist to know the best solution for you. A crooked smile can mean there is a medical problem, and in some cases it can be an emergency. There are many possible reasons for a crooked smile, and most are not dangerous. However, a sudden lopsided smile, and when to see a healthcare provider. Halfpoint Images / Getty Images A crooked smile can mean a variety of issues like dental problems, nerve damage, stroke, and more. Usually, the different causes are associated with additional symptoms besides a lopsided smile. A stroke is a serious type of brain damage that occurs due to an interrupted blood supply in an artery of the brain. Among other symptoms, it can cause weakness of the face and body on one side. Symptoms from a stroke appear suddenly and it is a medical emergency. The acronym "FAST" stands for facial drooping, arm weakness, speech difficulties, and time to call emergency services. of the face. Common symptoms affecting the mouth are that one corner of your mouth will droop and the smile line (nasolabial fold) will disappear. There will also be weakness in the forehead, eyelid, and cheek on that side of the face. Bell's palsy develops over the course of a few hours and worsens for a few days. After a couple of weeks, it begins to improve gradually, often taking three to six months to get back to normal. The causes of Bell's palsy, are not known. It often improves on its own, and sometimes oral steroids can help speed up recovery. Facial movements can become paralyzed (weak) due to nerve or muscle damage. Besides Bell's palsy, stroke, and nerve injury, a few other causes of Bell's palsy are not known. It often improves on its own, and sometimes oral steroids can help speed up recovery. facial weakness include: Myasthenia gravis: A condition in which the immune system mistakenly attacks the protective myelin sheath of nerves in the brain, spinal cord, and eyesAmyotrophic lateral sclerosis: A disease that attacks the nerves that control movement Many people naturally very uneven or become severely uneven teeth. This typically does not cause a crooked smile if the bones or movement of the jaw are formed unevenly or become damaged due to trauma or disease (such as cancer invading the bone). Surgery may cause damage to the nerve branches that control mouth movements. This can occur when surgery is necessary for removal of a tumor or abscess that has grown into the facial nerve. And sometimes a surgical error can result in accidental transection (cutting) of a nerve or nerve branch. For some people, aging can lead to an uneven smile. An issues, such as severe tooth decay, gum disease, or oral cancer. This can cause a crooked smile. An injury to the face can cause damage to the nerves, muscles, bones, or other tissues. Swelling can be substantial as well. This can cause a lopsided smile can partially or fully return to normal. With severe trauma, a crooked smile can remain for the long term. Torticollis is a movement disorder that causes involuntary (not on purpose) spasms and twisting of the neck. The muscles can spasm for prolonged periods, sometimes resulting in a crooked smile can include:Flattening of the nasolabial fold (the angled crease at the bottom of your cheeks, near your nose)Slurred speechTrouble chewing or swallowingA droopy eyelidAn eyelid that cant fully close A sudden lopsided smile can be a sign of a stroke, brain aneurysm (a bulge in the wall of an artery), or an infection. This may develop over the course of hours. Rarely, a new and rapidly worsening lopsided smile can be a sign of a tumor, cancer metastasis (spreading of cancer), or a seizure (uncontrolled electrical activity in the brain). If you think someone is having a stroke, call 911 and stay with them until emergency help arrives. If possible, describe what you witnessed when emergency healthcare providers arrive. If your face or mouth suddenly feels numb or if movement seems uneven, you should get medical attention include: Sudden, severe headacheWeakness on one side of the bodyLoss of balanceVision changesFacial drooping on one sideSlurred speechTraumatic injurySwelling of the face or neckInability to control facial movementsSpasms facial trauma, the immediate treatment involves preventing serious damage and reducing the long-term effects. This may include interventions such as blood thinners for stroke treatment of facial trauma. After a lopsided smile has stabilized, treatment of facial trauma. the facial appearance, as well as to prevent complications, such as choking. In some situations, injections of Botox (botulinum toxin) can work to paralyze certain muscles to prevent a crooked appearance of the mouth. And sometimes surgical intervention may be necessary to reconstruct the facial nerves, muscles, bone, or other structures. This can help to even out the appearance of the face. This type of surgery may also be effective for reducing the risk of certain complications, like eye damage due to an eyelid that doesn't properly close. A crooked smile can indicate many different medical problems. Sometimes, a persons smile is uneven due to normal variations, and it isn't usually anything to worry about. But a crooked smile can also mean there is a serious medical issue, such as a stroke or an infection. Its important to get prompt medical intervention and management to prevent complications. Frequently Asked QuestionsGenerally, Bells palsy starts with stiffness or weakness of the face, including the eyelids. Blinking your eyes. Sometimes it can be hard to chew on one side, and your smile looks very uneven. The condition usually causes profound paralysis of one side of the face, including an inability to raise your eyebrow on one side. With Bells palsy, the face moves unevenly, and the sides of the face look uneven while you are resting your face. You should get medical attention if it is new, if it happens suddenly, or if the unevenness is severe. Complications can also be concerning, even if the cause is not dangerous. Complications may include corneal damage (to the outer layer of your eye), visual problems (due to a droopy eyelid), and the risk of choking due to chewing and swallowing problems. Common signs of a stroke include sudden weakness of one side of the face and/or body, trouble speaking or understanding language, loss of balance, dizziness, or confusion. Get prompt medical attention if you or someone else experiences these symptoms. For many of us, a smile is the most important feature we see in others and in ourselves. It can make or break our confidence. A crooked smile? How can a smile be fixed? In this article, well discuss the ins and outs of how your teeth can affect the appearance of your smile, and how you can correct those smile muscles. It appears lopsided, where the right and left sides of your mouth dont match. One side could be pulled further up than the other, leaving your smile asymmetrical. It can be hard to figure out why your smile is crooked, so its always a good idea to visit your dentist if you have any concerns. However, its good to familiarise yourself with the most common causes so you can think about the best treatment and whether or not you need a combined treatment. Your gums are the foundation of your smile, but an uneven gum line can affect its appearance. For example, your gum line can affect its appearance. For example, your smile seem asymmetrical. An uneven gum line can affect its appearance. For example, your smile seem asymmetrical. An uneven gum line can affect its appearance. For example, your smile seem asymmetrical. An uneven gum line can affect its appearance. For example, your smile seem asymmetrical. An uneven gum line can affect its appearance. For example, your smile seem asymmetrical. An uneven gum line can affect its appearance. For example, your smile seem asymmetrical. An uneven gum line can be fixed by a gum-contouring procedure also known as a smile lift.During this procedure, the excess gum tissue is removed and the gum is reshaped around the margins). This will rebalance your gums and improve the symmetry of your smile. A common problem for most people is that crooked teeth can cause a crooked smile. This is just the way your adult teeth have grown. A persons teeth rarely grow perfectly straight; they can often grow crooked, rotated, or tipped, which causes your smile to appear ance of your smile. Fixing crooked teeth brings your bite closer together and makes your smile more symmetrical. Mild to moderate orthodontic issues can be fixed with non-invasive aligners. These are clear and removable plastic trays that fit over your teeth, and slowly straighten your teeth over time with multiple, tighter aligners. They are almost invisible and easy to use. A visit to the orthodontist is a better option for more complex misalignment. They specialise in teeth straightening with the use of braces, which straighten your teeth and correct your bite, improving the symmetrical appearance of your smile. Some teeth can also be misshapen, giving an even more unbalanced appearance. To fix disproportionate and misshapen teeth, your cosmetic dentist can fit porcelain veneers to balance your smile. These are custom-made to fit you and can conceal many different aesthetic imperfections. The purpose of porcelain veneers is to make your teeth look more natural by making them seem larger or concealing distortion.While teeth contribute to the appearance of your smile, there are other factors you should consider when trying to determine why your smile may be crooked. Its possible that your genetics may cause a crooked smile. Your face could naturally appear this way as a mixture of your smile may be crooked. Its possible that your genetics may cause a crooked smile. too.Your daily habits can also cause asymmetry in your smile. For example, poor posture can affect your facial symmetry, or even sleeping consistently on one side of your face. Smoking can also be a contributing factor, as the toxins affect your teeth and face. Using dentures can change the symmetry of your smile in some cases. Your smile can also be affected by tooth extraction, which causes changes in your face. The structure of your smile. If you have an underbite, or a jaw thats offcentre, this may cause asymmetry. An injury to the face can severely change to bones, nerves, and muscles could cause unbalance in your face when the swelling goes down. For many people, a smile is the key to great confidence and high self-esteem. If youre conscious of your smile and you feel its crooked, there are dental procedures that may improve the appearance. While there are changes you can make in your lifestyle to improve the balance of your smile, such as chewing on both sides of your mouth, practising facial exercises, and switching the side of your face you sleep on. There are tailored methods your dentist can use for your teeth to create better symmetry. How you see yourself is important, so if youre looking for dental fixes to help you love your smile, this guide will help you get started. Andrew Kemp has over 20 years of experience in the dental industry and software development. He has combined both of these skills to create his first company, Isopharm Limited which became one of the top learning platforms within the dental industry. With over 120,000 active users, he has been able to educate others in order to provide better dental care professionals succeed in treating their patients. Treatments Causes Seeing a doctor Summary A crooked nose describes a nose that is bent or twisted out of shape or place. A crooked nose may result from trauma or birth irregularities. Commonly, a crooked nose is the result of a deviated septum, where the nasal septum, or thin wall between the nasal passages, becomes displaced. Some crooked nose may not cause any medical problems. It is common to have a crooked nose will depend on the type and severity of any problems. No single method is suitable for fixing every kind of crooked nose. Treatment options may be surgical or nonsurgical. Surgery include: Rhinoplasty can alter the shape or position of bone, cartilage, and skin. This type of nose surgery is a cosmetic procedure that aims to change the appearance of the nose, including its size, shape, or proportions. Research indicates that rhinoplasty carries risks, including:bleedinginfectionreaction to anesthesiascarringan uneven looking nosedifficulty breathing through the nosepermanent numbness around the nosepersistent pain or swelling septal perforation, or hole in the septumA doctor or surgeon can discuss the risks of rhinoplasty if a person has concerns. Functional rhinoplasty is similar to cosmetic rhinoplasty if a person has concerns. Functional rhinoplasty risks of a functional rhinoplasty are similar to those of cosmetic rhinoplasty. While a rhinoplasty focuses on the outside of the nose, a septoplasty to straighten a crooked nose and to relieve any blockages in the nasal passages. For less severe cases of a crooked nose, a doctor may recommend first trying soft tissue fillers, which are a nonsurgical treatment option. Fillers involve injecting materials into the soft tissue fillers may be a more appealing alternative to surgery for some people as they: are minimally invasiveless costly than surgery require less recovery time potentially carry less risk, such as reaction to anesthetic There are different types of fillers, and some carry more risks than others. Potential risks of all fillers include thinning skin and infection. In rare cases, nasal fillers can cause necrosis, or skin loss of the nose. A surgeon must consider each individual for their suitability for treatment with nasal fillers. People should discuss the advantages and potential risks of fillers and other types of treatment with their doctor. Some exercises involve the use of the advantages and potential risks of fillers and other types of treatment with their doctor. devices to achieve results. However, there is no scientific evidence to indicate that any exercise works to correct a crooked nose. Changing the position of bones or cartilage, or other tissue in the nose, or it may result from a deviated septum. Potential causes of a crooked nose include: Possible causes of a crooked nose at birth may include: congenital abnormalities of the bony opening of the nose associated with a cleft lip or cleft palate. Occasionally, nasal septal deformities can occur during delivery, including forceps assisted delivery or breech birth. Research indicates that this may be the case in 1.2523% of all newborns. A traumatic injury to the nose can displace the bones or cartilage. Types of injuries that commonly cause a crooked nose include those that occur during a traffic collision or contact sports. An injury may also result from being hit in the face. Surgery on the nose may cause the nose to appear off-center. If this occurs, further surgery may be necessary to correct the displacement. This type of crooked nose occurs when the septum leans to one side. It can block one side of the nose and cause discomfort, nosebleeds, and breathing difficulties. A deviated septum is very common. Approximately 80% of people have some degree of deviated septum. This deviation often results from an injury, although some babies are born with the condition. Other potential causes of a crooked nose include severe infections or tumors that skew the shape of the nose People should see a doctor if their crooked nose is causing:pain or discomfortbreathing difficulties, including noisy breathingnosebleedssleep problems issues with confidence or self-esteemThey should also seek medical attention if their nose recently became crooked, as this could be a sign of an infection or tumor. If a crooked nose has been present since birth, and if it does not cause any issues, medical treatment is not usually necessary. It is very common to have a crooked nose, either for functional or cosmetic reasons. Those who have concerns about their crooked nose, or who wish to find out more about the available treatments, should speak to their doctor. A crooked or uneven smile is fairly commonmost people do not have complete symmetry to their face. However, a crooked smile can mean there is a medical problem, and in some cases it can be an emergency. There are many possible reasons for a crooked smile, and most are not dangerous. However, a sudden change requires urgent medical attention. This article will discuss the possible meanings of a crooked smile, the significance of a sudden lopsided smile, and when to see a healthcare provider. Halfpoint Images A crooked smile can mean a variety of issues like dental problems, nerve damage, stroke, and more. Usually, the different causes are associated with additional symptoms besides a lopsided smile. A stroke is a serious type of brain damage that occurs due to an interrupted blood supply in an artery of the face and body on one side. Symptoms from a stroke appear suddenly and it is a medical emergency. The acronym "FAST" stands for facial drooping, arm weakness, speech difficulties, and time to call emergency services. This type of facial weakness or paralysis affects one side of the face. Common symptoms affecting the mouth will droop and the smile line (nasolabial fold) will disappear. There will also be weakness in the forehead, eyelid, and cheek on that side of the face. Bell's palsy develops over the course of a few hours and worsens for a few days. After a couple of weeks, it begins to improve gradually, often taking three to six months to get back to normal. The causes of Bell's palsy are not known. It often improves on its own, and sometimes oral steroids can help speed up recovery Facial movements can become paralyzed (weak) due to nerve or muscle damage. Besides Bells palsy, stroke, and nerve injury, a few other causes of facial weakness include: Myasthenia gravis: A condition in which the immune system mistakenly attacks the protective myelin sheath of nerves in the brain, spinal cord, and eyesAmyotrophic lateral sclerosis: A disease that attacks the nerves that control movement Many people naturally very uneven or become severely uneven due to dental conditions such as tooth decay. This can cause a smile to appear crooked. The jaw structure can cause a lopsided smile if the bones or movement of the jaw are formed unevenly or become damaged due to trauma or disease (such as cancer invading the bone). Surgery may cause damage to the nerve branches that control mouth movements. This can occur when surgery is necessary for removal of a tumor or abscess that has grown into the facial nerve. And sometimes a surgical error can result in accidental transection (cutting) of a nerve branch. For some people, aging can lead to an uneven smile. This can occur as a result of wrinkles, dental issues nerve damage, or stroke. Smoking may lead to mouth diseases, such as severe tooth decay, gum disease, or oral cancer. This can cause a crooked smile and an uneven appearance of the face After the swelling goes down and healing is complete, the face and smile can partially or fully return to normal. With severe trauma, a crooked smile can remain for the long term. Torticollis is a movement disorder that causes involuntary (not on purpose) spasms and twisting of the neck. The muscles can spasm for prolonged periods, sometimes resulting in a crooked smile. This condition may be present from birth and can be associated with certain birth defects. Symptoms associated with a lopsided smile can include: Flattening of the nasolabial fold (the angled crease at the bottom of your cheeks, near your nose). cant fully close A sudden lopsided smile can be a sign of a stroke, brain aneurysm (a bulge in the wall of an artery), or an infection. This may develop over the course of hours. Rarely, a new and rapidly worsening lopsided smile can be a sign of a tumor, cancer metastasis (spreading of cancer), or a seizure (uncontrolled electrical activity in the brain). If you think someone is having a stroke, call 911 and stay with them until emergency help arrives. If possible, describe what you witnessed when emergency healthcare providers arrive. If your face or mouth suddenly feels numb or if movement seems uneven, you should get medical attention right away. Symptoms associated with an uneven smile that require urgent medical attention include: Sudden, severe headacheWeakness on one side of the bodyLoss of balanceVision changesFacial drooping on one sideSlurred speechTraumatic injurySwelling of the face or neckInability to control facial movementsSpasms of the face or neckInabilit techniques that can be used for treatment of an uneven smile. Immediate treatment differs from delayed treatment. During an emergency situation, such as a stroke or severe facial trauma, the immediate treatment differs from delayed treatment. treatment or surgery for treatment of facial trauma. After a lopsided smile has stabilized, treatment can include exercises to train the muscles to train the muscles to train the muscles. prevent a crooked appearance of the mouth. And sometimes surgical intervention may be necessary to reconstruct the facial nerves, muscles, bone, or other structures. This can help to even out the appearance of the face. This type of surgery may also be effective for reducing the risk of certain complications, like eye damage due to an eyelid that doesn't properly close. A crooked smile can indicate many different medical problems. Sometimes, a persons smile is uneven due to normal variations, and it isn't usually anything to worry about. But a crooked smile can also mean there is a serious medical issue, such as a stroke or an infection. Its important to get prompt medical attention for any sudden change in facial appearance. Other causes, such as Bells palsy or a misaligned jaw, may need medical intervention and management to prevent complications. Frequently Asked QuestionsGenerally, Bells palsy starts with stiffness or weakness of the face, including the eyelids. of dryness in one of your eyes. Sometimes it can be hard to chew on one side, and your smile looks very uneven. The condition usually causes profound paralysis of one side of the face, including an inability to raise your eyebrow on one side. With Bells palsy, the face moves unevenly, and the sides of the face look uneven while you are resting your face. You should get medical attention if it is new, if it happens suddenly, or if the unevenness is severe. Complications may include corneal damage (to the outer layer of your eye), visual problems (due to a droopy eyelid), and the risk of choking due to chewing and swallowing problems. Common signs of a stroke include sudden weakness of one side of the face and/or body, trouble speaking or understanding language, loss of balance, dizziness, or confusion. Get prompt medical attention if you or someone else experiences these symptoms. 1 What causes an uneven smile? An uneven smile can be caused by a number of factors, including chewing on one side more than the other, crooked or crowded teeth, an injury, tumor, tissue trauma, bells palsy, or even genetics.[2] There are tons of different reasons why your smile might not be perfectly symmetrical, and some are only temporary. If youre trying to hide an emotion or are experiencing multiple emotions at the same time, it can cause your smile to look asymmetrical.[3] 2How do I know I have an uneven smile? You might be able to see it in pictures of yourself. To test if your smile is symmetrical, print out a photo of yourself smiling, mark the corners of your mouth, and connect the points with a ruler. If you can make a level, horizontal line between the 2 points, it means your smile is symmetrical.[4]Your perception of yourself might be a little off. Selfies, webcam videos, and pictures can often look distorted, even if you dont want to! Everyone has a certain level of asymmetry to their face, and an uneven smile can add character. You should only undergo a cosmetic procedure if its affecting your confidence, and diet and exercise changes have not worked.[5]If you have crooked or uneven teeth, they may cause serious health problems, like gingivitis and periodontal disease. Talk to a dentist if you have any concerns. Advertisement 1Chew on both sides of your mouth. When you only chew on one side, your jaw can get stronger on one side, your jaw can get stronger on one side than the other, leading to facial asymmetry.[6] Try to alternate your bites so that you chew on both the left and the right side of your mouth instead of favoring one.[7] You can chew one bite with the right side, then the left side, then the right side to keep track as you eat.2Sleep on both sides evenly. According to some people, pressing one side of your face against the pillow and not the other can lead to uneven jaw muscles.[8] Try to switch back and forth between the right side as you drift off to sleep. If you sleep on your back, dont worry about switching sidesits the best position to keep your spine neutral.[9] Studies show that when your head and spine are aligned, it may prevent facial asymmetry.[10]Sleeping on your side can also cause wrinkles and other chronic changes to your skin, so consider adjusting your position.[11]3Smile with your teeth if you have a large mouth. If you have a big mouth, keeping your lips closed when you smile can make them look more uneven. Grin widely and show your teeth for a smile that complements your whole face.[12] This isnt a hard and fast rule, so you can play around with what looks and feels best for you.4Keep your mouth closed when you smile if you have a small mouth According to studies on facial attractiveness, beauty relies on the balance between the upper and lower lip.[13] If you have thin lips, your upper lip may disappear when you smile, disrupting this balance, so keep your lips fully closed or soft smile for pictures and selfies. Again, mess around with the smile that you think looks the best for your face. Advertisement 1Say eeeee and ooooo. Keep an exaggerated smile as you say eeee, and hold it for about 15 seconds. [14]Repeat this 10 times per day to strengthen the muscles around your smile. While facial exercises may be able to help an uneven smile, there is no scientific evidence to support it.2Practice a fish face. Suck in your cheeks until they touch each other inside of your mouth. Slide a pencil in your mouth just behind your canine teeth, then close your mouth as much as you can to hold the pencil in place. Turn your head to the right, then to the left, keeping the pencil in your mouth. Then, look up and down.[16]Try to repeat these exercises 3 times every day to strengthen your jaw muscles.4Sweep your tongue around your top teeth. Keeping the pencil in place. closed, use your tongue to sweep across your top teeth, first to the right, then to the left. Repeat this a couple of times per day.5Hold a spoon in your mouth. Put the flat end of a spoon into your mouth between your lips with the other end sticking straight out. Use your lips to hold the spoon in place for 5 to 10 seconds, or as long as you can.[18] The weight of the spoon will help work your muscles even more. Eventually, you can work up to holding the spoon between your lips for 1 minute at a time. Advertisement 1Use concealer to contour your lips so they look even. Pat a concealer or foundation all over your lips to create an even base. Grab a matte lip pencil thats a little bit darker than your natural lips and overdraw the part of your lips that is uneven. Fill in your pencil lines with lipstick to make your lips that is uneven. Fill in your pencil lines with overlining your lips at first. Making your lips that is uneven. natural light. This isnt something you need to do every day, but it can be a nice addition to a glam or full-on makeup look. 2Plump your lips to fill them out. You can ask for a small, subtle fill to even out your lips for a more natural effect. [20] The entire procedure usually takes 30 minutes, but it may take up to 2 hours.[21] If you are going to get them touched up.3Try a lip tattoo for extra color and fullness. Semi-permanent lip tattoos can add extra fullness to your lips by adding color and pigmentation. Head to a professional tattoo artist to talk about what youd like to have done and whether your goals can be achieved. [23]Permanent makeup is different from traditional tattooing, so the color wont stay on your lips forever. Youll probably have to get your lips touched up every 2 or so as they fade. [24]Most lip tattoos are very subtle, and it shouldnt be obvious that youve had anything done.4Go for a lip implant or grafting for a permanently. Talk to a plastic surgeon about a lip implant (a long implant placed inside the lips to add fullness and evenness), fat grafting (transferring fat from your stomach into your lips), or tissue grafting (transferring a piece of skin from your body onto your lips).[25] These procedures are highly invasive, and they each come with their own set of risks. Talk to a licensed plastic surgeon for more information before you decide to take this route.[26] Advertisement 1Straighten your teeth with braces. If your smile is uneven because of crooked teeth, head to an orthodontist and ask about braces. Braces arent a quick fixthey usually take 2 years to fix your crooked teeth. [27] However, the results can be pretty dramatic. [28] Board certified dentist Tu Anh Vu says, if you don't want to wear braces, ask your dentist or orthodontist about clear aligners instead.[29]2Try veneers to lengthen your teeth. If your teeth are chipped or too short, talk to your dentist about veneers. These porcelain shells sit on top of your teeth and your gums must be healthy before you can qualify for veneers, so keep brushing and flossing![31]Veneers are permanent, but they can become loose over time. You may need to get them touched up or replaced in 10-15 years.[32]3Add crowns to straighten your teeth. If you only have a few teeth that are crooked or chipped, ask about getting a crown. These individual covers sit over the top of your tooth, giving it the appearance of a full, healthy tooth.[33]Crowns can also help strengthen weak or broken teeth. Advertisement 1Press your tongue behind your teeth for the perfect amount of gum (not too much, and not too little).[34] Celebrities use this trick a lot on the red carpet to hold their smile in place as they get pictures taken.2Pout your lips as you smile, push your lips as you smile to plump your lips as you smile, push your lips as you smile, push your lips as you smile in place as they get pictures taken.2Pout your lips as you smile, push your lips as you smile to plump you smile to plugad. your lips look a little fuller without any cosmetic alterations.3Stand far away from the camera. Taking a picture too close to the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack.[36] Try to stand at least 3 to 4ft (0.91 to 1.22m) back from the camera can distort the image and make your proportions look out of whack from the camera can distort the image and make your proportions look out of whack from the camera can distort the image at least 3 to 4ft (0.91 to 1.22m) back from the camera angle.[37]Standing too far away from the camera can also make your features look a little funny (or even blurry). Try to find the sweet spot between too close and too far for your best picture.4Pick a 70 to 100 mm lens for the most natural angle. If youre working with a professional camera, the lens you choose can make a huge difference on how you warp tool. Gently lift or lower one side of your mouth to fix the unevenness that you see. [39] Be very careful when editing photos. If you do too much, it might look unnatural. If you do too much, it might look unnatural. If you do too much it and the photographer to touch up your smile in post-production. Tu Anh Vu, DMD Board Certified DentistDr. Tu Anh Vu is a Board Certified Dentist and Owner of Tu's Dental, her private practice, in Brooklyn, New York. With dental phobia. Dr. Vu has conducted research related to finding the cure for Kaposi Sarcoma cancer and has presented her research at the Hinman Meeting in Memphis. She received her undergraduate degree from Bryn Mawr College and a DMD from the University of Pennsylvania School of Dental Medicine. There are a lot of clear aligners on the market. Just keep in mind that you should still get them from a dentist or an orthodontist if you have a more severe case. There are some you can order that you don't need to see a dentist for, and if you only need very minor tooth movement. This article was co-authored by Tu Anh Vu, DMD and by wikiHow staff writer, Bailey Cho. Dr. Tu Anh Vu is a Board Certified Dentist and Owner of Tu's Dental, her private practice, in Brooklyn, New York. With over six years of clinical experience, Dr. Vu has conducted research related to finding the cure for Kaposi Sarcoma cancer and has presented her research at the Hinman Meeting in Memphis. She received her undergraduate degree from Bryn Mawr College and a DMD from the University of Pennsylvania School of Dental Medicine. This article has been viewed 335,818 times. Co-authors: 8 Updated: May 8, 2025 Views: 335,818 Categories: Face Care Medical DisclaimerThe content of this article is not intended to be a substitute for professional medical advice, examination, diagnosis, or treatment. You should always contact your doctor or other qualified health treatment. PrintSend fan mail to authors for creating a page that has been read 335,818 times. "You people are more awesome than I even imagined! You people just did a great job. Keep publishing more such useful articles."..." more Share your story A crooked or uneven smile is fairly commonmost people do not have cases it can be an emergency. There are many possible reasons for a crooked smile, and most are not dangerous. However, a sudden change requires urgent medical attention. This article will discuss the possible meanings of a crooked smile, and when to see a healthcare provider. Halfpoint Images / Getty Images A crooked smile can mean a variety of issues like dental problems, nerve damage, stroke, and more. Usually, the different causes are associated with additional symptoms besides a lopsided smile. A stroke is a serious type of brain damage that occurs due to an interrupted blood supply in an artery of the brain. Among other symptoms, it can cause weakness of the face and body on one side. Symptoms from a stroke appear suddenly and it is a medical emergency. The acronym "FAST" stands for facial weakness, speech difficulties, and time to call emergency services. This type of facial weakness or paralysis affects one side of the face. Common symptoms affecting the mouth are that one corner of your mouth will droop and the smile line (nasolabial fold) will disappear. There will also be weakness in the forehead, eyelid, and cheek on that side of the face. Bell's palsy develops over the course of a few hours and worsens for a get back to normal. The causes of Bell's palsy are not known. It often improves on its own, and sometimes oral steroids can help speed up recovery. Facial movements can become paralyzed (weak) due to nerve or muscle damage. Besides Bells palsy, stroke, and nerve injury, a few other causes of facial weakness include: Myasthenia gravis: A condition in which the immune system mistakenly attacks the protective myelin sheath of nerves in the brain, spinal cord, and eyesAmyotrophic lateral sclerosis: A disease that attacks the nerves that control movement Many people naturally have mildly or moderately uneven teeth. This typically does not cause a crooked smile. Sometimes teeth are naturally very uneven or become severely uneven teeth. become damaged due to trauma or disease (such as cancer invading the bone). Surgery may cause damage to the nerve branches that control mouth movements. This can occur when surgery is necessary for removal of a tumor or abscess that has grown into the facial nerve. And sometimes a surgical error can result in accidental transection (cutting) of a nerve or nerve branch. For some people, aging can lead to an uneven smile. This can occur as a result of wrinkles, dental issues, nerve damage, or stroke. Smoking may lead to mouth diseases, such as severe tooth decay, gum disease, or oral cancer. This can cause damage to the nerves, muscles, bones, or other tissues. Swelling can be substantial as well. This can cause a lopsided smile and an uneven appearance of the face. After the swelling goes down and healing is complete, the face and smile can partially or fully return to normal. With severe trauma, a crooked smile can remain for the long term. Torticollis is a movement disorder that causes involuntary (not on purpose) spasms and twisting of the neck. The muscles can spasm for prolonged periods, sometimes resulting in a crooked smile can include: Flattening of the nasolabial fold (the angled crease at the bottom of your cheeks, near your nose)Slurred speechTrouble chewing or swallowingA droopy eyelidAn eyelid that cant fully close A sudden lopsided smile can be a sign of a stroke, brain aneurysm (a bulge in the wall of an artery), or an infection. This may develop over the course of hours. Rarely, a new and rapidly worsening lopsided smile can be a sign of a tumor, cancer metastasis (spreading of cancer), or a seizure (uncontrolled electrical activity in the brain). If your face or mouth suddenly feels numb or if movement seems uneven, you should get medical attention right away. Symptoms associated with an uneven smile that require urgent medical attention include: Sudden, severe headacheWeakness on one side of the bodyLoss of balanceVision changesFacial drooping on one sideSlurred speechTraumatic injurySwelling of the face or neckInability to control facial movementsSpasms of the face or neckPain in the eye or an infection of the eye preventing serious damage and reducing the long-term effects. This may include interventions such as blood thinners for stroke treatment or surgery for treatment or surger complications, such as choking. In some situations, injections of Botox (botulinum toxin) can work to paralyze certain muscles to prevent a crooked appearance of the mouth. And sometimes surgical intervention may be necessary to reconstruct the facial nerves, muscles, bone, or other structures. This can help to even out the appearance of the face. This type of surgery may also be effective for reducing the risk of certain complications, like eye damage due to an eyelid that doesn't properly close. A crooked smile can indicate many different medical problems. Sometimes, a persons smile is uneven due to normal variations, and it isn't usually anything to worry about. But a crooked smile can also mean there is a serious medical issue, such as a stroke or an infection. Its important to get prompt medical attention for any sudden change in facial appearance. Other causes, such as Bells palsy starts with stiffness or weakness of the face, including the eyelids. Blinking your eyes may feel uneven, or you might have a sensation of dryness in one of your eyes. Sometimes it can be hard to chew on one side, and your smile looks very uneven. The condition usually causes profound paralysis of one side of the face, including an inability to raise your evebrow on one side. With Bells palsy, the face moves unevenly, and the sides of the face look uneven while you are resting your face. You should get medical attention if it is new, if it happens suddenly, or if the unevenness is severe. Complications can also be concerning, even if the cause is not dangerous. Complications may include corneal damage (to the outer layer of your eye), visual problems (due to a droopy eyelid), and the risk of choking due to chewing and swallowing problems. Common signs of a stroke include sudden weakness of one side of the face and/or body, trouble speaking or understanding language, loss of balance, dizziness, or confusion. Get prompt medical attention if you or someone else experiences these symptoms.

Why does my nose look crooked. My nose is crooked to one side. Small crooked nose. Nose crooked.