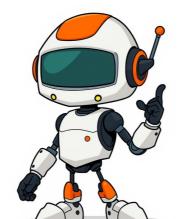
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Ja nepiecieams, ms ar izmantojam skfailus un datus, lai pielgotu lietoanas iespjas atbilstoi vecumam. Lai skattu papildinformciju, tostarp informciju par konfidencialittes iestatjumu prvaldbu, atlasiet pogu Papildu opcijas. Varat ar jebkur laik apmeklt vietni g.co/privacytools/com_pk.Sort byList orderList orderAlphabeticalIMDb ratingPopularityNumber of ratingsRelease dateRuntimeDate addedYou have no recently viewed pages On this episode, Dr. Sakina Jangbar to discuss everything you need to know about female sexuality in Pakistan. Dr. Jangbar shares her own experiences as a Pakistani woman and her expertise, to help break down the current state of female sexuality within Pakistan, and Pakistan, and Pakistan culture. From the struggles, misconceptions, misinformation, lack of information, and rhetoric, there is a lot of information, and rhetoric, there is a lot of information and light shed on these often hard to discuss and ignored issues that Pakistan women face when it comes to sexuality. Dr. Sakina Jangbar is an Assistant Professor of Communication Studies at St. John's, where she teaches courses in public speaking, feminism, and rhetoric. You can get more from her by visiting her website, sakinajangbar.com. Disclaimer: Anything discussed on the show should not be taken as official medical advice. If you have any concerns about your health, please speak to your medical provider. If you have any questions about your religion, please ask your friendly neighborhood religious leader. Its the Muslim Sex Podcast because I just happen to be a Muslim woman who talks about sex. To learn more about Dr. Sadafs practice and to become a patient visit DrSadaf.comLike and subscribe to our YouTube channel where you can watch all episodes of the podcast! Feel free to leave a review on Apple Podcasts and share the show! Follow us on Social Media... Instagram: DrSadafobgynTikTok: DrSadafobgynTikTok: DrSadafobgynTikTok as the sexiest women in the whole continent of Asia. She has also done a cameo role in the short movie called Bint-e-Muryum in the year 2009. She has acted in the movies Insha Allah.. Hayat has done many television shows like Bin Tere, Mannchalay, Phir Chand Pe Dastak, Mirat-ul-Uroos, Madventures, Akhri Barish, Meray Qatil Meray Dildar, Kitni girhain Baqi Hain, Parchhaiyan, and Kami Reh Gaee. Instagram: @mehwishhayatofficial ISLAMABAD (AP) Pakistans media regulators have blocked the social media platform X, formerly Twitter, with users across the country on Thursday enduring the sixth day of sweeping disruptions, partial and complete shutdowns. There was no comment on the outage by the Pakistan Telecommunication Authority and government officials have not responded to repeated queries from The Associated Press for comment. Human rights activists have demanded a full restoration of internet services and access to social media. Washington has also urged Pakistan to lift restrictions on X. The outage was first observed over the weekend when the political party of Pakistans imprisoned former Prime Minister Imran Khan announced protests against what it says were rigged Feb. 8 parliamentary elections. In the vote, candidates backed by Khan, who was barred from running, won most seats but short of a simple majority needed to form a government. Social media platforms are often used by protest organizers to call followers out to the streets and spread the word about planned demonstrations. Pakistan has witnessed an increase in political instability since the balloting. The countrys elections oversight body denies charges by Khans party that the vote was stolen. The Pakistan Tehreek-e-Insaf party or TPI said on Thursday that the restrictions on X have been placed by the authorities to suppress its voice on social media. On Wednesday, U.S. State Department spokesman Matthew Miller expressed concerns in a statement to reporters over the outage and restrictions on the freedom of expression and association in Pakistan. We continue to call on Pakistan to respect freedom of expression and restore access to a social media that has been restricted including Twitter, now known as X, Miller said. We have and will continue to emphasize the importance of respecting these fundamental freedoms during our engagements with Pakistani officials. Khans rivals, including the former Premier Shehbaz Sharif, are trying to form a coalition government. Sharif replaced Khan after his ouster in a no-confidence vote in parliament in 2022. Khan has since then been convicted of office. "We navigate a man's world in female bodies, this requires masculine behaviour for survival." Mujra dancing is a popular dance form which has a long and colourful history. The dance combines elements of the classic Indian dance Kathak with native music genres like Jaipur where it was a family art, passed down generations. In Lahores Heera Mandi, Pakistans oldest red light district, theperformance was a mix between art and exotic dance. Performers were often serving as courtesans amongst Mughal royalty or wealthy patrons. It is in Pakistan where the dance has continued to exist and stay popular. Pakistani Mujra culture is a sub-culture which revolves around dancing performed to popular Pakistani Mujra songs. In the modern day, Mujra dancers perform at events such as weddings, bachelor parties, in theatre and on-stage. Pakistani Mujra comedy is a common place for the dancers perform at events such as weddings, bachelor parties, in theatre and on-stage. Pakistani Mujra comedy is a common place for the dancers perform at events such as weddings, bachelor parties, in theatre and on-stage. Pakistani Mujra comedy is a common place for the dancers perform at events such as weddings, bachelor parties, in theatre and on-stage. Pakistani Mujra comedy is a common place for the dancers perform at events such as weddings, bachelor parties, in theatre and on-stage. Pakistani Mujra comedy is a common place for the dancer parties, in theatre and on-stage. Pakistani Mujra comedy is a common place for the dancer parties, in the modern day, Mujra dancers perform at events such as weddings, bachelor parties, in the dancer parties and the dancer parties are parties are parties and the dancer parties are parti outfits to accentuate their suggestive moves and figures. The music used is always upbeat with strong rhythms and catchy lyrics, frequently sang by artists like Naseebo Lal. Many of the dancers perform to popular Bollywood songs too. Some dancers fly over from cities in Pakistan to even perform at events in India. Depending on the popularity of the dancer, what they charge for their dances can vary. Fees start from Rs. 15,000 (157) and can go up to Rs. 15 Lakhs (15,760). Mujra dancing is very much in-demand at male parties and gatherings, where the dancers from Pakistan who specialise in Mujra, particularly sisters Nargis and Deedar. We look at the 10 top beautiful and best Mujra dancers from Pakistan and their popularity for this unique form of dance. Nargis has been performing Mujra since the late 1990s. The dancer is most noted for her modern form of Mujra onstage, one of which includes a spicy performance in 2002. Nargis is dancer of this form. In 2016, Nargis was one of several Mujra dancers invited to perform for an upcoming festival titledSohniyo Eid Mubarik. She was paid Rs. 25 Lakhs (26,200) for her performance, making her the most sought-after Mujra dancers. Watch a compilation of Nargis Mujra dancers. Watc of Nargis is one of the most popular Mujra dancers. She has retired from dancing and now focuses on her beauty business. There is no way we could leave her out of our list because she has been an iconic dancer on the Mujra scene. With a figure which was slimmer and slender than others, she made a huge impact. Her exotic dance style along with her beauty became very popular amongst the Pakistani youth. The Lahore based dancer was a regular performer at many big shows and stage events with a huge following. Deedar introduced more modern styles of dancing into her routines but at the same time could perform classically too, making her very versatile. Deedar and Nargis have worked together in the past. Watch a stunning performance by Deedar Sobia Khan was born in Karachi, but it was in Lahore where she made her name. She stepped into performing from a young age, initially acting. Her debut filmKafira released in 2011. While the film was not a box office success, it transformed Sobia into a rising talent. That talent was showcased when she moved into dancing, specifically Mujra. Despite being a fresh face, she is one of the most promising dancers in modern times. Sobias performances are energetic and highly suggestive. While her own fanbase continues to grow, Sobia is focused on promoting other performances on her social media. Sobia is a dancer who is fast becoming a well-recognised figure in this dance form but is also keen on finding the next big star. Watch Sobia Khans seductive Mujra performance Sitara BaigSitara is one of the most sought-afterperformers because of her energetic performances. She regularly performances during seasonal festivities, which she obliges because of her fans. Sitara enjoys performing at these events especially with less established dancers. This provides an opportunity for them to become recognised and appreciated in the industry. She said: The less experienced artists receive around Rs. 5 Lakhs for performance Afreen Khan Afreen Khan is a popular Mujra dancer who frequently performs in a Lahore theatre. Her erotic dance has gained her a huge following in the historical city. Afreens presence on her own can sell an entire show. During the performances of the 23-year-old, she often shouts back at hecklers and says dirty jokes to audience members, all while dancing. Afreens dancing coupled with her personality make her command the stage. She believes that her Mujra dancing is a way to influence a mans behaviour for survival. Watch Afreen said: We navigate a mans world in female bodies, this requires masculine behaviour. Afreen said: We navigate a mans world in female bodies, this requires masculine behaviour for survival. Watch Afreen said: We navigate a mans world in female bodies, this requires masculine behaviour for survival. Watch Afreen said: We navigate a mans world in female bodies, this requires masculine behaviour for survival. Watch Afreen said: We navigate a mans world in female bodies, this requires masculine behaviour. dances. She appears on many stage productions. However, Mahnoor feels that she is a better dancer. She did an item song with Ahmed Ali Butt for the 2012 filmSher Dil. She also had a leading role in Lafanga (2014). Besides practising every day, when Mahnoor wakes up she often dances to songs which are trending at the time like Desi Lookwearing much more revealing attire. As a Mujra dancer, Mahnoor is confident with her ability and very sexy style. Speaking to Sohail Warraich for programmeAik Din Geo Ka Sath, she said: I feel that I am the biggest stage dancer right now. After initially struggling to make money at the start, Mahnoor, through her performances, has become famous and a household name. Mahnoor has been on the receiving end of some scandals, one being that she mistakenly told Warraich about her hidden income. She never responded to her reveal when questioned. Mahnoors Wujra performances have netted her huge success and a legion of fans. Watch Mahnoors very sensual Mujra dance Saima KhanDancer Saima Khan is one of the most well-known Mujra performers in Pakistan having regularly performed in theatre. Her massive following as a Mujra dancer is down to her bold personality. Saima was the first woman to take her top off on-stage under General Pervez Musharrafs reign. It came at a cost as unidentified gunmen opened fire at her as she allegedly refused to perform for them in 2007. She did make a full recovery, Since then, she has taken the idea of modern Mujra which Nargis and Deedar made famous and added a whole new dimension to it. Some of Saimas dances are highly erotic and some have even contained frontal nudity, bringing large waves of new fans. Saima is certainly one of the top Mujra dancers in contemporary times. Watch Saima Khans excellent performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Mujra dancer who has rapidly become one of the most well-known performance Nida Chaudhry is another Nida Chaudhry is an performances show her dancing with a lot more titillation and wearing more revealing clothes. As a result, her popular. Nida, keen on creativity, says: I practice on several new songs, which I believe the audience will thoroughly enjoy. Similar to Nargis, Nida has a high price tag at around Rs. 15 Lakhs (15,700). Watch Nida Chaudhrys Mujra dance style musicvideos with other actors like Jahangir Khan, performing sensual dances. The dancer has played small roles in Pakistani-Punjabi films, including co-starring with fellow Mujra dancer Nargis. While films have increased her profile, it is her stage performances which have made her well-known. A well-seasoned star of Mujra dancer has played small roles in Pakistani-Punjabi films, including co-starring with fellow Mujra dancer Nargis. While films have increased her profile, it is her stage performances which have made her well-known. A well-seasoned star of Mujra dancer Nargis. have been at the Pakistani Mujra Masti event, catapulting her fanbase upwards. Sidra Noor is a dancer who performs with the fans in mind. Watch Sidra Noors emphatic performers. She is a performing stage actress who is touring frequently with well known Pakistani drama companies. Deedar Multanis dance style is also very energetic and vibrant. She is often seen dancing in western clothes. She has a tendency to select songs with a slower introduction to allow her to show her facial and hand expressions before exploding into very fast and dramatic dance moves. Her dancing, especially since 2017, has made her incredibly popular among the Mujra dance scene in Pakistan. Her seductive and high-octane moves definitely give her performances a very unique style. Regarding the kinds of dance she likes, she says: I have a love for classical dance. Because I started dancing in a classical style to Madame Noor Jehans songs. Deedar Multani is a dancer who appreciates her fans, regularly posting on her social media accounts and interacting with them on video chats. She is a fan favourite Mujra dancer and is in demand when it comes to her performances. Watch Deedar Multani energetic performance Mujra and others are some of the most renowned. Pakistan and these dancers are some of the most renowned. Pakistan and others are just beginning their venture. They all bring slight variations on the centuries-old dance to showcase to their many fans. Their modern take on the Mujra is raunchy, some more than others, but one thing is that they continue the legacy of Mujra dancing. ISLAMABAD Controversial Pakistani TikToker Hareem Shah has been hit by another video leak scandal. Hareem Shahs name is currently in top trends on X former Twitter- as the social media sensation left users intrigued as she was spotted with man in viral clip. Netizens are sharing that TikToker was having private moments with an unidentified black man. The video shows her wearing Saree and coming out of a room followed by the guy. Her movement at the premises was notably filmed by a home security camera. Only trimmed parts of the alleged clips are doing rounds online and people online are telling others to DM for full clip. Hareem has not responded to the development and the authenticity of video remains unverified. People are also curious to know about the person who leaked Hareem Shahs private clips. Last month, the TikToker received police protection in UK after being harassed and threatened by some unidentified persons. Hareem Shah left Pakistan a year ago and initially moved to Britain to escape alleged harassment. She has often been named in several controversies since becoming a massing a large following on video sharing platform. Lately, she was quite active on X.Who gifted Hareem Shah a luxury apartment in London? Daily Pakistan Global Web Desk

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