

As long as you feel ill (deteriorated general condition or fever), it is usually best to stay at home. Some workplaces may have their own guidelines. There are no rules for quarantine or isolation. Everyone who is recommended to take the COVID-19 vaccine should do so. You do not need to test for COVID-19 even if you experience respiratory symptoms unless you are in the risk group. If you are in the risk group and get symptoms of covid-19, you should take a self-test. As long as you feel ill (deteriorated general condition or fever), it is usually best to stay at home. If you have residual symptoms such as runny nose, snot, hoarseness and some coughing, you can go about life as normal. You do not need to test that shows you are infected with COVID-19, the same advice about staying at home if you feel sick applies. Cough into a handkerchief or into your elbow. Avoid contact with people in risk groups. You should limit or avoid contact with families who have newborn children or infants. Use a face mask if you have to visit places with many people, or if you have to visit someone in the risk group. If you are worried about your own or your child's health, contact a doctor. Read more about who is recommended to take a new vaccine dose. The municipalities are responsible for offering the Covid - 19 vaccine. You can check your municipality's website for information. From the 30th of June 2023, the COVID-19 certificate is discontinued. The COVID-19 certificate is discontinued. The COVID-19 certificate is discontinued. require some form of vaccination certificate or a test before departure. You should check which requirements apply for each country on the Ministry of Foreign Affairs' travel information for your of vaccination for your destination, go to Vaccination and print out documentation on not being ill, you have to pay for this yourself, for example at a private practitioner. The GP mainly does not offer a Covid-19 test for documentation. To book an appointment for COVID-19 vaccination, you need to contact the municipality where you are living or staying. See the municipality's website for information about COVID-19 vaccination in all municipalities. Have you been asked to book an appointment on Helsenorge? Some municipalities and GPs offer appointment for COVID-19 vaccination on Helsenorge Have you been told to book an appointment at Helsenorge Have you been told to book an appointment for COVID-19 vaccination about when and how to register and book an appointment, on the website of your municipality. Who should get the COVID-19 vaccine. Those born in 2004 and 2005 have also previously been advised to get a COVID-19 vaccine. Why is it advised to get the vaccine. COVID-19 vaccine? Lower risk of serious illness The vaccines are very effective against COVID-19 that is so severe that hospitalisation is necessary. This means that if you get COVID-19 even though you're vaccines are very effective against serious illness from the various mutated virus variants. This also appears to apply to the Omicron variant. Lower risk of infection Vaccinated people can still become infected and pass on the infection. Protection weakens over time The protection provided by the vaccinated people can still become infected. especially among the elderly and those with weakened immune systems. NIPH is therefore closely monitoring the duration of protection. How many vaccine doses should I have? Primary vaccination The first two doses of the COVID-19 vaccine (doses 1 and 2) are called 'primary vaccination'. If you have been tested and confirmed to have completed primary vaccination. For those with severely weakened immune systems, primary vaccination consists of three doses. Time interval between dose 1 and dose 2 For the best effect, you should take the second dose 3-12 weeks after the first. Recommended minimum interval between doses 1 and 2 BioNTech/Pfizer: 21 days Moderna: 28 days Combination of BioNTech/Pfizer and Moderna: 28 days No upper limit has yet been set for the interval between COVID-19 vaccines, for either children or adults. Booster doses after primary vaccination. A booster dose 3 or the doses received after primary vaccination. A booster dose is recommended for those aged 45 years and older, anyone over the age of 18 who belongs to the risk groups and employees in the health and care services. Healthy persons aged 18-44 who so wish may be offered a booster dose (dose 3). The interval between dose 2 and the booster dose (dose 3) should be at least 20 weeks. If you get COVID-19 vaccine at the same time? A COVID-19 vaccine can be given at the same time as the regular flu vaccine, as long as the vaccines are injected into different arms. Nursing home residents receive a stronger variant of the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu vaccine, and should wait at least seven days between having the flu va that at least one week should pass between vaccinations. Speak to your doctor if you need to have several vaccinations at once. Read more about the flu vaccine types The following vaccines are used in the Norwegian. Different vaccine types The following vaccines are used in the Norwegian COVID-19 vaccinations at once. BA.1 (BioNTech and Pfizer) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax bivalent Original/Omicron BA.4-5 (BioNTech And Pfizer) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax bivalent Original/Omicron BA.4-5 (BioNTech And Pfizer) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booster dose only Spikevax (Moderna) - used as a booste Anyone under the age of 30 should also consider choosing the BioNTech/Pfizer vaccine you are offered. Combining different COVID-19 vaccines provides equally good protection and entails no greater risk of serious side effects compared with having a vaccine from the same manufacturer. Booster doses are given with updated versions of the COVID-19 vaccines Comirnaty and Spikevax Regardless of whether you are having your first or second booster dose, you will be offered an updated vaccine. The purpose of updating the vaccine is to adapt it to new variants of the virus. Read more about the updated vaccines at Direktoratet for medisinske produkter (in Norwegian). The vaccine is an updated version of the original vaccines, but targets a variant of the Omicron virus in addition to the original COVID-19 virus (SARS-CoV-2). The updated vaccine will probably provide better protection against infection, but targets a variant of the original vaccines, but targets a variant of the original vaccines, but targets a variant of the original vaccine will probably provide better protection against infection, but the duration of this protection has not yet been determined with any certainty. Protection against serious illness will probably be good regardless of which vaccine you have. The Norwegian Institute of Public Health's clear advice is that the target groups for the booster dose should now accept the vaccine they are offered, because it is important to strengthen protection against serious illness. What happens before, during and after vaccination? Before vaccination, you will be asked to answer some questions about your health: The form is available in: Arabic, English, Lithuanian, Norwegian Bokmål, Northern Sami, Nynorsk, Polish, Romanian, Russian, Somali, Tigrinya, Ukrainian and Urdu. Download as pdf. You should not go to the vaccination centre if you have cold symptoms or a fever above 38 °C on the day of vaccination. Notify the vaccination centre as soon as possible to get a new appointment. When you get vaccinated, you should let them know: about any previous dose(s) of COVID-19 vaccine you have received whether you have had COVID-19 and, if so, how long ago you had it if you have been vaccinated with another vaccine administered? The vaccine administered? Anyone who administers vaccinations will have received the training and have the necessary medications available to deal with any allergic reaction. Exercise after the COVID-19 vaccine If you are fit and healthy, there's no reason not to exercise. Side effects All vaccines have side effects and healthy there's no reason not to exercise. effects are: pain and swelling around the injection site fatigue headache chills nausea/vomiting fever muscle and joint pain. So far, the side effects of vaccines are rare. Some side effects are only detected when a vaccine is used by larger and more complex groups than those who participated in the studies before the vaccine was approved. The Norwegian Institute of Public Health closely monitor vaccination. Healthcare professionals who administer vaccines have a duty to report serious or unexpected events that they believe may be linked to vaccines. The Norwegian Medicines Agency regularly publishes overviews of suspected adverse reactions (side effects), you can find the overviews here (Direktoratet for medisinske produkter, in Norwegian). Monitoring adverse reactions to COVID-19 vaccines (Direktoratet for medisinske produkter, in Norwegian). Report side effects via melde.no, even when they themselves have experienced the side effect. can report side effects using a separate form on Helsenorge, click here to access the side effects notification form. It is not necessary to report less serious side effects listed in the package leaflet: Pain and swelling at the puncture site, fatigue, headache, chills, nausea/vomiting, fever, muscle and joint pain. It is most important to report new side effects not listed in the package leaflet unexpected side effects serious side effects vaccine failure (lack of effect after the vaccine) It is sufficient for you to suspect that the side effect is linked to the vaccine. You can find a link to the package leaflets for the vaccines here (in Norwegian): Read about the work on the COVID-19 vaccine Norwegian Institute of Public Health's information on the COVID-19 vaccine (fhi.no)Approval of the COVID-19 vaccine (Direktoratet for medisinske produkter, in Norwegian) Her finner du oppdatert informasjon og anbefalinger om koronaviruset. Så lenge du føler deg syk (nedsatt allmenntilstand eller feber), er det som regel best å holde seg hjemme. Noen arbeidssteder kan ha egne retningslinjer. Alle som er anbefalt å ta covid-19 vaksinen, bør ta den. Du trenger ikke teste deg for korona, selv om du har luftveissymptomer - med mindre du er i risikogruppen. Er du i risikogruppen. Er du i risikogruppen og får symptomer på korona, bør du ta en selvtest. Ved negativt resultat, men vedvarende symptomer, gjenta selvtesten daglig i opptil fire dager. Kontakt lege hvis du tester positivt eller symptomene forverrer seg.Du trenger ikke registrere positiv selvtest. Luftveissymptomer er først og fremst tett nese, hoste og sår hals. Ofte har du også feber eller vondt i hodet.Så lenge du føler deg syk (nedsatt allmenntilstand eller feber), er det som regel best å holde seg hjemme. Ved restsymptomer som rennende nese, snørr, heshet og noe hoste kan du leve som normalt.Du trenger ikke teste deg.Host i et lommetørkle eller i albuekroken. Unngå å hoste eller nyse direkte på andre.Vask hendene med såpe og vann, eller bruk alkoholbasert hånddesinfeksjonsmiddel.Unngå kontakt med personer i risikogrupper.Du bør begrense eller unngå kontakt med familier som har nyfødte barn eller spedbarn.Bruk munnbind hvis du må oppsøke steder med mange mennesker, eller må besøke noen i risikogruppen.Hvis du er bekymret for din egen eller barnet ditt sin helse kan du ta kontakt med legen.Les mer om hvem som er anbefalt å ta en ny vaksinedose.Kommunene har ansvaret for å tilby koronavaksine. Du kan sjekke kommunen din sin nettside for informasjon om koronavaksine. Koronavert for å tilby koronavaksine. vaksiner.Koronasertifikatet ble avviklet i alle EU/EØS-land 30. juni 2023.Enkelte land kan kreve bevis på koronavaksinasjon, gjennomgått sykdom eller nylig negativ test.Du kan sjekke hva slags krav som gjelder for de ulike landene på Utenriksdepartementets reiseinformasjon, eller i appen Reiseklar (regjeringen.no).Dokumentasjon på koronavaksineTrenger du dokumentasjon på at du har tatt koronavaksine, gå inn på Vaksiner og skriv ut dokumentasjon på negativ test, må du selv betale for dette, for eksempel hos en privatpraktiserende lege. Fastlegen tilbyr i hovedsak ikke koronatest for dokumentasjon. Sist oppdatert onsdag 31. januar 2024 You do not need to take a test. If you feel unwell and experience newly-developed respiratory tract symptoms you should also avoid contact with people who are at increased risk of becoming seriously ill. Symptoms you should also avoid contact with people who are at increased risk of becoming seriously ill. blocked nose, fever, cough and sore throat. You do not need to take a self-test at home, you should stay at home if you are feeling unwell irrespective of a positive or negative test result. You can read more about testing for the coronavirus on Helsenorge's website. Self-test When you test yourself with a self-test, you read the test result yourself. If you test positive for corona: Checklist for persons who have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what to do when you have tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test 'Fit 2 monore about what tested positive for corona test' 'Fit 2 monore about what tested positive for corona test' 'Fit 2 monore about what tested positive for corona test' 'Fit 2 monore about what tested positive for corona test' 'Fit 2 monore about what tested positiv Fly certificate'. If you require this type of documentation, you can get tested at a private test site. Covid-19 solutions for companiesTest Clinic OsloBokmålEnglishRESULT UPLOADED TO YOUR VACCINE PASS ON HELSENORGE.NOGuaranteed answer within 2 hours depending on capacity. Take a Covid-19 test today and get an answer within 1-2 hours.CORONA TEST AT OSLO HELSE BackPlease note that we have moved premises. Our new address is Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata 13, 0354, Oslo. 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If you are not in a hurry to get the test result you can take a normal rt-PCR test or a PCR-test with express analysis from the throat and nose to see if you have an active covid-19 infection. For those of you who have contact with someone who has recently tested positive for SARS-CoV-2. An rt-PCR can be taken for you who are travelling abroad and must document that you do not have a covid-19 infection. The test result will be uploaded on Helsenorge.no if you have a Norwegian social security number or D-number. TilbakePlease note that we have moved premises. Our new address is Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata. BestillSerological rapid test for the detection of antibodies. For those who have been ill before and want to find out if they have had a Corona Infection. BackBookPlease note that we have moved premises. Our new address is Sporveisgata 13, 0354, Oslo. 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The price for antigen quick test is NOK 890, and includes a fit to fly certificat. The test result will be uploaded on Helsenorge.no if you have a Norwegian social security number or D-number. BackBookPlease note that we have moved premises. Our new address is Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata. Take an rt-PCR test to check if you have an active Covid-19 infection or not. The test result is ready within 1-5 hours. An rt-PCR test to check if you need confirmation that you are not infected with the Covid-19 virus when travelling abroad or if you want to shorten the quarantine period (In accordance with current rules from the Norwegian Directorate of Health). Fast track rt-PCR test costs NOK 2500 and includes Fit to Fly certificate. The test result will be uploaded on Helsenorge.no if you have a Norwegian social security number or D-number. Right now we have a Sunday offer to help stop the spread of Covid-19 in the workplace Take a Fast track PCR test on Sundays for NOK 1900 (incl. Certificates) and get the test result within 1-5 hours. BackBookMonday - SaturdayNOK 2.500,-Please note that we have moved premises. Our new address is Sporveisgata 13, 0354, Oslo. We are between Rema1000 and the petrol station in Sporveisgata. We have now launched a new service for you in need of a PCR-test results in a hurry! Take an rt-PCR-test to see if you need a confirmation that you are not infected with Covid-19 in connection with travel, work or study abroad. FAST TRACK rt-PCR-test will give you the test results between 1-2 hours depending on the laboratory's capacity (guaranteed time within 2 hours). FAST TRACK rt-PCR test costs NOK 2500 per person, includes Fit to fly certificates are written in English only. The test result will be uploaded to helsenorge.no if you have a Norwegian social security number or a Dnumber. If you find it uncomfortable to get a swap test in either your throat or nose during the covid-19 test, you can now take a saliva sample. This can only be used for Fast Track PCR testing and costs NOK 400 extra. If this is of interest, you can check of the box for this when ordering. Children under the age of 10 will be offered by the doctor on arrival a free saliva sample when ordering a Fast Track PCR test. Folkehelseinstituttet has opened up the possibilities for saliva testing, you can read more about this here; 1 Fill out the booking form to get an appointment 2 Meet punctually at our clinic and complete the test 3 With the FAST TRACK PCR test you will get the test result after a few hours! We have automated certificates so they will be quickly be sendt to your email. How testing takes approx. 2-3 minutes. We take samples from your nose or throat (or from both locations). The test result can be expected after a few hours and no later than 5 hours after taking the test. The test result will be available on helsenorge.no if you have a Norwegian citizen number or D-number. Oslo Helse is responsible for sampling, sample analysis and distribution of certificates. The test result will be available on helsenorge.no if you have a Norwegian citizen number or a D-number. The test result should normally be expected 1-2 hours after testing. If the test result is invalid or uncertain (eg weak findings of SARS-CoV-2), the test must be re-analyzed or retaken. If this occurs, you may be asked to return for a new test. Thus, the deadline can exceed 12 hours. We guarantee that the test will be analyzed within a specified period of time, but do not guarantee the outcome of the analysis. The reason for a delay may be eq. the outcome of the first test result is uncertain or invalid, in which case the analysis must be repeated or sent to a central laboratory. In other words, one can not buy a negative or positive covid-19 test, other possible outcomes may occur (invalid or uncertain) All clients are responsible for contacting up the appointment, and changing or cancelling it. The client is responsible for contacting us at post@oslohelse.no to get a refund. Refunds in case of cancellation do not happen automatically unless you contact us and let us know. If the person who has booked an appointment is going to travel, but the test result has not arrived on time due to delays, Oslo Helse is not responsible for reimbursement of money related to the trip. Test result certificate before the promised time, you are obliged to contact us immediately so that we have time to provide you with a certificate. If you do not make contact in time, we are not responsible for subsequent costs. Your test result will be available on helsenorge.no if you have an active covid-19 infection in 15 minutes. Price for antigen quick test is NOK 690, and includes a fit to fly certificate. The test result will be uploaded on Helsenorge.no if you have a Norwegian social security number or D-number. Important to know: In the antigen rapid test, we emphasize whether you have symptoms or not, and have had close contact with someone who has been exposed to covid-19 or not. If the test result does not match the clinical picture, the doctor will make a decision. If the clinical picture does not match the test result, you will receive a free PCR test with express analysis. The test result from the PCR test with express analysis will be ready after 1-2 days. antigen test is ready after 15 minutes. The price for an antigen test is NOK 690. 1 Fill out the booking form to get an appointment 2 Meet punctually at our clinic and complete the test (do not arrive too early to avoid queues) 3 Test result can be expected 15 minutes. Who should take the antigen test Expand For those who have symptoms shorter than 5 days. For those who are exposed to infection by close contact. Testing in connection with infection tracking where the response to the gold standard PCR test is expected to be more than 24 hours. FHI emphasizes that antigen tests should not be used to rule out infection in healthcare professionals Read more about advice from FHI on antigen tests should not be used to rule out infection in healthcare professionals Read more about advice from FHI on antigen tests should not be used to rule out infection tracking where the response to the gold standard PCR test is expected to be more than 24 hours. FHI emphasizes that antigen tests should not be used to rule out infection in healthcare professionals Read here: www.fhi.no/nettpub/coronavirus/ Sensitivity to antigen test Expand The manufacturers of the tests, Abbot and Roche, state that the rapid tests are 74.4 percent accurate, according to the Norwegian Directorate of Health. What the study shows is that 8 out of 10 of those with symptoms are caught, in relation to the gold standard. Specifically, this means that if you are considered to be contagious, ie that you have the virus above a certain level in your nose and you also have symptoms, then you catch approx. 84% of those who actually turn out to be contagious on a laboratory test. How do I get the test result? Expand The test results are available after 15 minutes. You will get the results while you wait. The test result will be uploaded to helse has extensive experience in testing for companies that need quick answers when testing personnel and we know the value of fast and safe tests. 1 Screening / preventive testing, at fixed intervals 2 Test workers out of guarantine on day 7 with PCR Fast Track which gives answers the same day/within hours 3 Testing of workers who are / have been traveling 4 Testing in the event of an outbreak Let's have a conversation and we'll find the solution that suits your needs. We offer testing to companies in 2 different ways: Testing at the company / On-site Testing at our test clinic in Hegdehaugsveien 36A Company agreements and discounts for fixed agreements on screening or for larger volumes, you can get discounts for fixed agreements and discounts for fixed agreements agreements agreement a certificate is here, but where can you find it, what will you need to know. Norway's Covid health certificate? Here's everything you need to know. Norway's Covid health certificate? Here's everything you need to know. offered many specific details on exactly how this will be done. However, they have revealed that the Covid pass will be used to access large events, go on domestic tours and cruises and be used to access large events, go on domestic tours and cruises and be used to access large events. The version used for travel across the EU will not be available to use until July. What does it look like? The domestic version is presented as a simple QR code that will glow green when scanned if you do not meet these criteria, then it will glow red. There will be two pages, one for the control page that shows green or red and the QR code for domestic use. Then there is the extended control page is used for reentering Norway and is the page you will present to border police if you are eligible to skip the entry quarantine. You will not be able to use pictures or a screenshot of the OR code. Instead, you must use the certificate itself. The EU version will display a lot more information than the domestic version displays less data due to the Norwegian government wanting to protect the privacy of its citizens. Below you can see what the simple domestic version of the Covid certificate looks like. The domestic Covid-19 certificate. Source NIPH. Where can you find it? The Covid-19 certificate is only available from helsenorge app, which is available on Android or iPhone. The web version is available in English, and you will find the certificate with the rest of the services you can access online. Below you will see where to find the certificate on the helsenorge.no homepage. The layout for mobile devices is the same. You can access the Covid-19 certificate in Norwegian. Source: helsenorge.no homepage. These are BankID, Buypass and Commfides. The portal on helsenorge.no which asks for electronic ID You will not be able to access the passport without it, so it essential you order one if you are planning on using the certificate. Luckily, we have put together a handy guide for everything you need to know about electronic ID in Norway. READ MORE: Everything foreigners in Norway need to know electronic IDs You will also need an identification number. This can either be a D-number or a National Identity Number. You can find out about both here and haven't been able to get my 3rd covid shot yet and now I need it. I'm staying with family in Norway soon and it seems I can get a shot at the Nydalen vaccination center but I need a international certificate that I've had this shot which is a problem because I dont have a D-number or any other ID they need. I've read that I just need to send a letter to Helfo requesting a certificate but I've also read on the Oslo Kommune website that a certificate can't be issued if only one shot has been had. Do they by any chance issue a certificate at the vaccination center? Just wondering if it's worth going through and getting the shot. The Norwegian government on Friday revealed more about how local authorities would use the Covid certificate and who will be eligible to use it. Norway's domestic Covid-19 certificates could be ready for use by local authorities as early as next Friday, the government announced. "Municipalities can now use corona certificates to provide relief to the fully vaccinated, those who have tested negative or have (recovered from) Covid-19," health minister Ingvild Kjerkol said. The return of the health pass was announced last week in a bid to help reduce rising Covid infections and avoid more, potentially stricter, measures being introduced. "We hope the regulations will make it easier for municipalities with locals outbreaks to make local decisions," Kjerkol explained. The government also announced details on how the certificate would work. Those who have been fully vaccinated, recovered from Covid in the previous 12 months and tested negative for the virus in the last 48 hours will be able to use the pass. Previously the the certificate was also available to those who had one jab. READ ALSO: Norway announces stricter Covid-19 border rules The pass has been recommended for large events and use in hospitality and leisure settings such as restaurants and swimming pools. Once regulation that permits the municipalities to use the Covid certificate is passed at some point on Friday, local authorities will have the power to implement the requirements. The certificate will not be adopted nationally, instead local authorities can choose to use the certificate as a means of controlling infections. Tromsø Municipality, which is in the midst of a spike in Covid cases, has been eager to use the certificate since it was announced last week. "We are very happy that the government has introduced the coronavirus certificates. It is important for us," Gunna Wilhelmsen, Tromsø's mayor, said to newspaper VG. The health minister also offered an update on Norway's booster vaccine program and said that she hoped that everyone aged over 65 would be offered as soon as possible. Most people are now able to visit Norway, but everyone must get tested upon arrival. Here's the latest situation on entry restrictions and quarantine obligation in Norway? The pandemic has killed more than 1,400 people in Norway so far, but far more elsewhere. For that reason, some of Norway's travel restrictions remain in place. I get questions literally every day from people wondering when they will be able to travel to Norway's travel restrictions remain in place. I get questions literally every day from people wondering when they will be able to travel to Norway. current rules and restrictions. With that in mind, I have produced this article to gather together the latest information on the entry restrictions in one place. Bear in mind that there may be a delay between new announcements and this page is not a substitute for checking the official guidelines. I'll be sharing the relevant links throughout the article. With that in mind, read on... Most tourists must wait a little longer for views like this in Norway's Lofoten Islands From November 26, there will no longer be a travel ban. If you were entitled to enter Norway before the pandemic, you will be entitled to enter Norway now. From January 26, the mandatory entry quarantine period is lifted for all travellers. Most people who cannot prove vaccination status. Typically, this is done at the arrival airport. All arrivals must register online, including Norwegian nationals. The full Norway entry restrictions are quite detailed, so please be patient as we dive into the full list of ifs and buts! IMPORTANT UPDATE: The mandatory quarantine obligation no longer applies from January 26, 2022. Please be patient while we update this page! In the meantime, read the full story here. Firstly, it's important to understand that even if you are permitted to enter Norway, you may be required to serve a quarantine period. As with many countries, Norway adopted a traffic-light system for grading a country's coronavirus risk. Residents from countries graded 'red' are considered to have a 'guarantine obligation' upon entry. Image: FHI. To see what colour grading your country has, check the website of the Norwegian Institute of Public Health. Their colour map is updated regularly. I have included the latest version above for your convenience. Norway are allowed to enter the country. That has been the case throughout the pandemic so far. However, you may be required to undergo a period of quarantine at home if you arrive from a red/purple/grey country and do not hold a digital coronavirus certificate. Norway's coronavirus certificate (also known as a vaccine passport) is available at helsenorge.no. It provides verifiable digital proof of vaccination status, test results and/or proof of previous infection. A valid certificate enables residents of Norway to skip quarantine when returning to the country. From 26 November, the entry ban is removed. This means that the entry rules revert back to how they were before the pandemic. So anyone who has a valid visa or can visit Norway without needing a visitor visa is permitted to enter Norway. However, the quarantine and testing requirement remains in place. If you arrive from a red/dark red/purple country, you must undergo a quarantine period. This can be down in suitable private accommodation, but quarantine hotels are also available. These are at your own expense, albeit subsidised. If you hold a valid EU digital coronavirus certificate, you are exempted from the quarantine after three days. Norway's hiking trails will once again be populated mostly by Norwegians this summer. At present, effectively all countries outside the EU/EEA/UK/Schengen fall into this category. This means that unless you hold an EU-compatible certificate proving full vaccination or previous infection, you will be required to quarantine. The EU digital coronavirus certificate is accepted at the border under the same terms as the Norwegian version. This means that fullyvaccinated holders of the digital certificate can enter Norway, guarantine free. The UK's NHS Covid Pass is now accepted on the same terms as the EU system, as are the passes of several other countries. From December 3, the government has introduced mandatory testing at the border. All arrivals must take a Covid-19 test upon arrival, or within 24 hours when testing is not available at the border. You will probably need to show a Covid pass on arrival at Oslo Airport. All arrivals must also register using an online system. You will be given details about this during your journey, or at the border. Both these rules apply to all arrivals, including Norwegian nationals, and regardless of vaccination status. As I said before, I can't address individual circumstances on this page, especially as there are so many exceptions to the rules. However, some key information follows. A negative test certificate taken within 24 hours of arrival must be presented by all travellers arriving in Norway from November 25, unless you are fully vaccinated (EU certificate required) or can document recent recovery. A test must also be taken upon arrival. Previously, people entering Norway from an area with a high infection rate had to stay in a quarantine hotel. This wasn't optional - authorities at the border took arrivals directly to the hotel. The quarantine hotels are typically located close to airports. Travellers must pay a subsidised fee of NOK 500 per day for the accommodation and meals. You are not permitted to leave the floor, nor have guests. The full quarantine period is 10 days but can be shortened to seven days upon a negative test, the rest of the quarantine period can be served at another suitable location. Who knows. Great question! As I already said before, I cannot guarantee the timelines of the information on this page. So, you should definitely check the official guidelines. Unfortunately, unlike some other countries, Norway has kept its coronavirus information distributed across the various government ministries and directorates, so finding a precise answer can be tricky. Here's where you can find the details: Regieringen.no: The official government webpages on the pandemic FHI: The Norwegian Institute of Public Health maintains the colour-coded map of country-based restrictions. It's also home to the official statistics. UDI: The Norwegian Directorate of Immigration details the specific entry requirements and exceptions in full.