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those wavelengths to light bouncing off known elements, scientists can glean the chemical makeup of the sun. The light shows there's a lot of silicon, oxygen, magnesium and iron, along with other elements like potassium and calcium, Campbell says. The relative amounts of elements in the sun is similar to what we see in certain primitive meteorites, he adds, which "reinforces our understanding that these primitive meteorites represent the building blocks from which we can assemble terrestrial planets. And that includes Earth." These clues from beyond the Earth can give us a sense of the key players in the planet's composition, as can volcanic rocks that contain pieces of the Earth's mantle. Then, mineral physicists like Campbell and Mao figure out how these elements must be distributed in order for the seismology data to add up. "I would argue this is how we understand that the Earth's core is rich in iron and not some other heavy element," Campbell says. Seismology tells us the Earth has a solid, dense core. Since the sun and meteorites contain more iron than other heavy elements like cobalt, nickel, or chromium, he says, "we know that iron is a really big part of the building blocks from which we're assembled." Mineral physicists also find ways to mimic conditions within the Earth that affect the materials that make it up. For instance, Mao has done studies to learn how the iron at the Earth's core could have settled there long ago, slowly working its way through the rocky mantle. To simulate the intense pressure within the Earth, she uses what's called a diamond anvil cell. "We take two diamonds and then basically cut off the tip, take that small surface area, put a little sample in between them, and then squeeze the backs," she says. Since the force is concentrated on such a small surface area, about the width of a human hair, it's compounded in a way comparable to the pressure deep within the planet. "One of the most exciting, but also frustrating, parts about these studies is that we can't go down to that depth," says Mao. "There's theory that makes sense, that's consistent with experimental data, because we can try to mimic what we think the conditions are, albeit micron-sized." And since scientists haven't found a way to travel to the center of the Earth, the collaboration between these different disciplines is critical to understanding what lies beneath our feet. "Without kind of working together," says Lekić, "you can't really understand the planet."