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## Fake drug test

Even though synthetic urine is the most popular way of passing a urine drug test, we still get a lot of emails with 'I have a drug test in 2 days, I'm x tall and weigh x pounds, smoked a joint 2 weeks ago, should I use synthetic urine work for lab drug tests, we did a bit of investigating which uncovered the following conclusions: Does synthetic urine does work for that but some people complain about the lack of 'that unique smell' - so partly yes. Passing a urine drug test (the big one everybody wants to know about) - of course, it works if you use it with common sense - so YES. We focused on the question if synthetic urine works to pass a drug test, even in 2017. From user reviews and, well, our own experience we are quite certain that it works (otherwise it wouldn't be so frequently used by one-time puffers and true stoners alike to beat a drug test). What is even more important than knowing if synthetic urine to determine if an individual used drugs in the past month. How Does Synthetic Urine Work? Despite synthetic urine being widely used to beat drug tests, it was initially designed to test if urinalysis test strips work consistently or not. Basically, they mixed together all the things that they measure with a urine test (such as urea and uric acid) to create perfect healthy urine otherwise known as 'synthetic urine'. Then they checked if urine test strips will recognize the synthetic urine as perfect healthy urine - and out of 100 tests, 100 test strips told the same. There is no difference between synthetic urine to beat the drug test. Test strips dipped into a cup of normal urine, and the best synthetic urine (2025) shows exactly the same result. Real urine (left) vs. synthetic urine work is, of course, that it is toxin-free. If you smoked weed in the past few weeks, test strips dipped in your pee will recognize THC and you'll get 'THC-positive' on your medical record. Ups! Now, if you would put synthetic urine in the cup instead of your urine, the test strips dipped in it would tell the lab techs it's a healthy urine. Does it include THC? Nope, it's clean and you get 'drug-free' on your medical record. Quite simple, right? That's the basics of how does synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. Let us have a look when synthetic urine work for lab tests. using synthetic urine (and they have to redo the test). "The Cold Urine" Case Everybody using common sense will be able to pass a drug test with the right synthetic urine. What some omit is that for synthetic urine to really work, they have to heat it up. Don't get me wrong: the test strips and lab results will always be fine as in 'drug-free' urine. The only problem is if the lab tech who usually collects the cups of urine picks up your urine sample and it's cold. Your own urine would come from your bladder and would have body temperature (about 98-102 F). In order to pass a drug test with synthetic urine, you have to heat it up. If the lab tech will feel that urine temperature is any other than body temperature, he or she will probably know what's up. And even then, you will only be asked to redo the test - so another urine sample. Luckily, with a bit of common sense, there is a simple solution to cold urine - just heat it up! How To Heat Up Synthetic Urine So That It Does Work Every Time There are actually two options for how to do that - the easy one and the hard one. I'll start with the hard one: Hard Option Microwave it for 10 seconds and then, somehow, keep it warm. I have to honestly say that because of this technique of heating it up people still ask 'does synthetic urine and the lab tech figured out this molten-lava hot urine couldn't possibly come from a human being. How do you microwave synthetic urine exactly to 98-102 F? It's almost impossible. We also, of course, have some geniuses who don't heat it at all and are asked to redo the test again (this time with their urine). Easy Option Believe it or not, synthetic urine producers thought about how to easily heat up synthetic urine so that it does work consistently. One actually did figure it out and even patented their formula. Here is the link to the patent, if you're interested: The easy heat up comes in a vial containing a special chemical that, when poured into the synthetic urine, heats it up exactly to 98-102F (you even get an indicator that turns green when the urine is in the right temp, range). The synthetic urine that comes with the self-heat up vial is called Sub-Solution synthetic urine and it's pretty much the most recommended synthetic urine to use for drug test exactly because of the easy heat-up. Full-package Sub-Solution synthetic urine with heat-up vial. You can get 'The Sub' here. Thus, it is no wonder that 'The Sub' won the #1 rank as the best synthetic urine of 2025. Here is the list of top 4 synthetic urine that 'Che Sub' won the market: Synthetic urine 4. Quick Fix Photo: Ingredients: Quality/Price: Fast Shipping: Does It Heat Up? Money-back Guarantee: N/A Price: \$\$\$\$ \$\$\$\$ Average Rating: Availability: Buy Sub Solution Buy Quick Luck Buy Pow. Urine Buy Quick Fix You'll Pass A Drug Test With A Bit Of Common Sense (No Worries) With synthetic urine, a guy flipping burgers at Mcdonald's or a rocket scientist can pass a drug test. Just don't be stupid about it - synthetic urine does work but you have to heat it up to exactly the body temperature. Of course, you can microwave it and risk getting caught, or you can buy Sub-Solution and just pour the vial into the ready-to-go synthetic urine. Just don't let that one joint you had a few weeks ago ruin your future, especially because even if weed is legal, the drug testing laws are still enforced and that's simply irrational. In this guide, I'll review the best synthetic urine products and explain how to choose them to avoid mistakes and confidently pass a drug test. Whatever the reason for the drug test, you can pass it with high-quality synthetic urine if you know which brand to buy, how to prepare it, and the pitfalls to avoid. Choosing synthetic urine can be challenging due to the wide variety of products available and their differing prices. To select the appropriate fake urine, you need to understand the specifics of the drug test you'll be facing. It's always better to be prepared and avoid any surprises. Pressed for time? Here are the best synthetic urine kits to pass a drug test. The Incognito Belt Synthetic urine identical to human urine. Beliable heating option. Bestseller. What to expect during your urine drug test Here's the process that Concentra, Labcorp, and other drug testing companies employ. At the outset, you'll be asked to remove jackets, hats, and unnecessary clothing and empty your pockets. This isn't about invasion of privacy but ensuring no cheating tools are concealed. While collectors won't pat you down or search you intensely, they will scrutinize items like wallets for potential test-altering substances, such as eyedrops or chapstick. Leave these at home, as they could raise suspicion. If anything suggests you're attempting to cheat, a more stringent observation may be required. Lastly, you'll wash your hands thoroughly, clearing any substances that might tamper with the sample. Sample collection Next you'll enter a specially prepared room within the bathroom to collect your sample. The collector stays outside but remains vigilant. Experienced collectors are adept at detecting sounds that don't match typical urination, so any anomalies might raise suspicion. A minimum of 30 mL of urine (45 mL for a U.S. Department of Transportation collection) is required. Remember, they're not there to make you uncomfortable but to ensure the integrity of the test. Bathroom The setup is meticulously designed to minimize cheating risks. Sink handles are removed, and toilet tanks are sealed to deter dilution attempts. Blue dye in the toilet bowl further thwarts water-based tampering. Personal cleaning items are also removed, and potential hiding spots are sealed. Despite these measures, the space is kept as comfortable as possible to respect your privacy. Getting the results After that, your sample will go through four levels of analysis: The collector will check the temperature and the signs of fake urine. So if the color is not natural, or urine clogs or does not froth like normal urine, it can cause suspicion. Then the urine will be sent to lab where it will be checked with the dipstick for creatinine levels, pH, and specific gravity for signs that the urine is fake or adulterated. Next, your urine will go through the basic immunoassay analysis. This analysis is done with the panel drug test, and it will detect if there are drug metabolites in your urine. The next step is the advanced gas chromatography test. However, this test is expensive and time-consuming and is done in very rare cases. How to select the best synthetic urine Composition High-quality synthetic urine isn't just about the right look or smell; it's about the precise chemical makeup. It must contain urea, creatinine, uric acid, and essential salts like sodium and potassium chloride. These components ensure the urine reflects the natural properties of genuine human urine. The look, smell, and froth Authenticity is key. The synthetic urine should not only have a natural appearance and smell but also froth like real urine. These sensory aspects are crucial for passing the initial visual checks. pH and specific gravity are vital indicators of urine health. A pH level between 4.6 to 8.0 and a specific gravity range of 1.005 to 1.030 are typical for human urine. Ensuring your synthetic sample falls within these ranges is crucial for passing validity checks. Not all synthetic urine is equal While many products can pass basic tests, I advise against opting for cheaper brands. These often cut corners in production, leading to lower quality that might fail under scrutiny. Sterility is also a concern; non-sterile conditions can lead to bacterial growth, spoiling the sample. Some manufacturers use biocide to prevent bacteria growth, making production cheaper. However, labs are catching on to this preservative as a sign of synthetic urine. Premixed vs. powdered urine Synthetic urine is available in two forms: premixed in a bottle and as a powdered substance. Powdered urine is less expensive and needs to be mixed with clean water before you enter the drug testing facility since you won't have access to water there. You should consider whether this is suitable for your needs. Powdered urine is easier to store; you don't need to freeze any remaining urine after opening it. There's no significant difference in effectiveness between these two types of synthetic urine. Premixed urine is typically sold in a bottle with enough quantity for two uses. However, once you open the bottle, bacteria begin to grow, so you need to freeze any remaining urine if you plan to use it later. Heating method After visual inspection drug test collector will check the temperature of your sample. The temperature of human urine is 97°F - 100°F. But because the sample will be rejected. This step is critical and the main reason people fail to pass the drug test with fake urine! So the urine kit must contain a reliable and convenient way to warm the urine to the required temperature. You can heat the urine with the heat pad or heat activator powder. The heating pad is a pad with a chemical element inside. When you activate it, it heats the bottle with the urine to the body temperature within 1 hour. Then it keeps the temperature for up to 10 hours. Heat activation powder heats the urine to the desired temperature within seconds. But you need a place to hide the bottle with powder before entering drug testing service. So using heating pads is more reliable and convenient. Electric urine warmer Another great option for maintaining the temperature of synthetic urine is using an electric urine warmer. There's only one kit on the market that utilizes an electric heating device to keep the urine. You simply turn it on, press the button, and it will warm up the urine and automatically maintain its temperature. However, it is bulky, pricey, and requires batteries. You'll need to weigh the pros and cons. Temperature strip to check it. Best synthetic urine kits have such strips attached to the bottle, making it convenient to read. Ease of Use In the tense moments of a drug test, ease of use is paramount. You want a synthetic urine kit that's hassle-free and quick to use. Imagine fumbling with a bottle cap under the pressure of a ticking clock—it's not ideal. The last thing you need is an accident, like spilling the sample, which can not only be embarrassing but also ruin your chances. Moreover, spending too much time in the bathroom can raise red flags. Collectors are trained to notice such delays, and lingering too long might lead them to insist on direct observation. That's a scenario best avoided. To circumnavigate these issues, opt for kits designed with convenience in mind. Look for features like pop-up bottle caps or tubes with clips, commonly found in urine belts. These small details can significantly streamline the process, making it quicker and less stressful to submit your sample. Ensuring no leaks When it comes to synthetic urine kits, robust design is crucial. The last thing you want is the urine bottle or bag leaking, potentially ruining your clothes and your day. Ideally, you'd visit a store to examine and test the products yourself. However, if you're short on time or prefer online shopping, focus on reliable brands with positive reviews and a track record of success. The brands we recommend have been proven to be dependable and leak-proof. Discreet packaging Ordering online? Ensure the seller values your privacy and ships in plain packaging You wouldn't want anyone, especially the delivery person, to know the contents of your package. Reputable brands like TestNegative or TestClear are known for their discreet shipping methods, safeguarding your privacy every step of the way. Reliable delivery If you're in a rush to receive synthetic urine, verify that the seller is committed to prompt delivery. Check out reviews to see if other customers received their orders on time. A delayed delivery could mean the difference between passing and failing your test, so choose a provider known for their reliability and speed. Amount of urine Finally, consider the volume of urine provided in the kit, especially if you're preparing for multiple tests. Standard urine tests require a minimum of 30 mL (45 mL for a DOT collection). Ensure your chosen kit contains enough urine to meet these requirements, giving you peace of mind and the necessary quantity for successful testing. 5 Reliable synthetic urine kits for passing a drug test without getting caught I selected these five brands of synthetic urine based on several clear criteria, so you can understand why they are the best synthetic urine kits: Complex composition identical to human urine. Not detectable by labs. Looks, smells, and foams like real urine control. Trusted brands with positive reviews. Readily available for purchase. Reasonably priced. Incognito Belt - best overall synthetic urine on the market because it's an all-in-one solution: premium-quality synthetic urine, a reliable heating method, and a convenient and stealthy way to sneak urine into a drug test. It's discreet - no one will notice that it's hidden on your waist. The Incognito Belt has a drain tube and releasing clip, making it easy to use and submit the sample discreetly. It has a Velcro adjustable belt that can fit up to a 48" waist. The urine is already premixed, so there's no need to mess with mixing powder with filtered water. The urine looks, smells, and foams like real human urine, making it easy to pass the initial visual check by the lab collector. And the urine formula is considered the best on the market and will pass the validity test and drug test. Plus, it doesn't contain biocide, so the labs cannot tell that it is synthetic. The Incognito Belt includes a temperature strip attached to the bladder bag, making it easy to check if the temperature is as required. The urine bag will be close to the body, helping to keep the urine for two uses, so you can pass two drug tests with it. The product can be used by both males and females, and detailed instructions make the belt easy to use. It also has a shelf life of up to two years, so you can store it for future drug tests. Overall, if you need a convenient and discreet way to sneak urine into a drug test, the Incognito Belt is definitely worth considering. Pros The Stealth Belt is a discreet way to smuggle urine for a drug test. Enough urine for two uses Reliable way to keep it warm Temperature control easy Pass laboratory tests Proven undetectable Up to 2-year shelf life Cons Instructions Open up the heat pad a couple of good shakes to activate it. Stick the heat pad to the bladder bag, between the belt and urine pouch. Wrap the Incognito Belt around your waist (under ALL your clothing) with the temperature strip touching your skin and the drain tube pointing to the floor. Close the white clips and cut the end of the tube off. When you need to submit the sample - unfasten the white clips to drain the contents. Learn more about Incognito Belt Choice Quick Luck: The best fake urine with heating pad Unlike Sub Solution Synthetic Urine, Quick Luck is already premixed, so there's no need to wait around to mix it. This feature makes it perfect for those who need a quick solution without any hassle. The product is a little bit more expensive, but many describe it as Sub Solution on steroids. The most superior formula on the market, Quick Luck will pass the visual inspection test, validity test, and drug tests, making it completely undetectable by the labs. Plus, the urine bottle features a switch-flow spout which makes submission easy. You won't need to mess with unscrewing a cap in the drug testing bathroom. The bottle is leakproof, so there's no need to worry about any spills. The small bottle is also easy to hide on your person between your legs, in your scrotch, or in your bra, making it easy to sneak into a drug testing facility. Quick Luck comes with heating powder, allowing you to preheat it within seconds, as well as two heat pads that can keep the urine warm for up to ten hours. However, when they say these heating pads can maintain temperature for 10 hours, it kind of sounds like a marketing gimmick to me. I think it's more realistic, and a safer bet, to count on them for about 6 hours. A temperature strip is attached to the bottle, so you can check if the temperature is within the normal range. And, the product is unisex, with detailed instructions that make it easy to use. Another benefit of Quick Luck is that it has a shelf life of up to two years and can be frozen and reheated, making it a great option for future drug tests. Pros The most complex urine you can buy Perfect for the short notice and on-the-job testing A powerful combo of heat pads and heat activator powder choices Proven undetectable Unisex Easy to warm up Easy to hide Enough for 2 uses Up to 2-year shelf life Cons Price: \$105 You'll still need a discreet method to sneak it into the drug testing facility. Instructions The sample is premixed and ready to use. There's no need to mix it with water. Outside the testing facility, use the heat activator powder to bring the sample to within the correct temperature range (between 90°F and 100°F). Place the sample into your underwear that will keep it warm and discreet, ensure you wear baggy pants, and then go in and submit your sample. Learn more about Quick Luck Premium Synthetic Urine Kit Clear Choice Sub Solution: The best budget synthetic urine kit Sub Solution is another high-quality synthetic urine but lacks a heating option, which accounts for the reduced price. It looks, smells, and foams like real human urine. This means it will pass the initial visual check by the lab collector. But that's not all - it will also pass all validity checks, meaning the lab won't be able to tell that it's synthetic. It comes with a patented heat activator, which means you can warm the urine to the required temperature in seconds. It lacks heating pads. You can quickly preheat it with the heat activator powder, but you'll need some way to keep the urine warm for the drug test. However, keeping it in your underwear in the crotch area should be sufficient for most cases. The small bottle is designed to be easily concealed between your legs or in your scrotch or bra, allowing you to discreetly bring it into a drug testing facility. To make things even easier, a temperature strip is attached to the bottle so you can easily check if the temperature of the urine is as required. The urine bottle has a switch flow spout, so you don't have to unscrew the cap to submit the sample. And, the bottle is leakproof, so you don't have to worry about any embarrassing spills in your pocket. This fake pee comes in a small, powdered form that's easy to store. And, there's enough urine for two uses, so you can pass two drug tests. It's also unisex, so both males and females can use it. However, the downside is that you need clean water and about five minutes to prepare the urine. Overall, if you need to pass a drug test and want to be sure you'll pass, Sub Solution Synthetic Urine is the way to go. It's easy to use, undetectable, and reliable. This kit costs \$90, and I recommend adding a stash leg belt to the kit so that you can discreetly attach the bottle to your leg. Pros Identical to human urine Proven undetectable Unisex Easy to hide Enough for 2 uses Up to 2-year shelf life Cons You need to mix it with water. Since it is powdered urine, it's hard to use it at very short notice. Instructions Remove the screw cap from the plastic collection container and fill it with lukewarm tap water to just under the cap. The tap water should not be too hot or too cold. Add the entire container until the powder has completely dissolved The synthetic urine can be mixed with water up to eight hours before use. Attach the sample tightly to your underwear. I recommend using a stash leg belt. Put on the baggy bottom and go to the testing location. Before you go in, you need to heat the sample to 90°F-100°F temperature. Tap in about one-third of the heat activator powder (shake it to ensure it's not clumped), and gently shake the sample until it dissolves. Watch the temperature strip, and add a little more necessary. You want to get a reading as close to 100°F as possible without going above that. That's it. Sub Solution gives you complete, granular control over the sample temperature. It's complex, and it's easy to manage. Learn more about Sub Solution Synthetic Urine Kit Quick Fix synthetic urine Quick Fix synthetic urine product. It generally performs well and includes essential features like a flip-up spout cap and a heating pad. While it can pass a drug test, its price raises questions about quality. Manufacturers of lower-priced synthetic urine often cut corners to keep production costs low, which can compromise the urine's formula. Modern drug tests are sophisticated and may include special strips designed to detect low-quality synthetic urine. If passing your drug test is important, it's best to steer clear of cheaper options. Another issue with this product is the temperature strip. When I checked it with a digital thermometer, there was a discrepancy. As shown in the photo below, the thermometer read 93.9°F while the temperature strip displayed 96°F. This indicates that the actual temperature strip displayed 96°F. This indicates that the actual temperature strip displayed 96°F. Contains enough urine for two uses Affordable price Two-year shelf life Cons Lacks a stealth method for discreet use Standard heating pad can overheat and cause skin burns No adhesive backing; requires a rubber band, which may cause the heating pad to slip in your pocket Only comes with one heating pad despite having enough urine for two uses TestClear Powdered Urine Kit The listing on the TestClear website now describes it as a "human urine simulation" product. I think the wording was originally confusing, and people read it as meaning it was human urine kit is complex in its composition. It contains everything you need, including urea, uric acid, and creatinine. It's everything you would expect from the TestClear brand, which is a good product for an affordable price of \$50. The kit comes with two heat pads and a temperature strip. Pros TestClear brand is trustworthy The price point for complexity is correct Cons Because it's a powder, it will need mixing with water in advance It is not real human urine, as some reviews claim The heat pad is reliable but could fail Instructions Pour the powdered urine in the small vial into the larger 50 ml tube. Slowly fill the tube with water to the very top, screw the blue cap on tightly and shake until the powder is completely dissolved. Apply the temperature strip on the front of the 50ml tube. Open the heater package, peel the paper off of one heater and stick it to the backside of the tube, directly opposite the temperature strip. Before submitting your sample verify the temperature is within the correct range (90°F - 100°F). Get TestClear Fake Urine Kit Step-by-step guide to using synthetic urine prepare your sample If you use premixed urine, you don't need to prepare it. If you have urine powder, do the following: Remove the screw cap from the plastic container and fill it with lukewarm tap water to just under the cap. The tap water should not be too hot or too cold. Air can spoil synthetic urine, so do not open the synthetic urine vial until ready for use. Likewise, do not open the bottle and gently shake the container until the powder has completely dissolved. Apply heat source If you use the heat pad, microwave the sample for about 10 seconds. You want a reading on the temperature strip that is as close to 100°F as possible. If you use the heat activator powder, do the following: You need to pour the powder into your sample to raise its temperature. For easy pouring, verify that the heat activator content is in a "loose" or "free-flowing" granules are solid or partially solid, tap the vial against a hard surface. This will break down any clumps and bring the heat activator back to its original granular form. If you do not see any temperature indication on the strip, this means your synthetic urine temperature on the strip indicates 88°F, and only 1/4 of the heat activator into the mixing container. Caution: adding an excessive amount of heat activator may overheat the solution; very rarely, one will need to use more than 1/2 of the heat activator without overheating the solution! Then remove the paper backing of on the heat activator without overheating the solution. you'll need about an hour to warm the sample to the required temperature. Note: Once activated, the heat pad, combined with your body heat, will raise the urine to its ideal temperature within 1 hour. Hide the sample on the body There are three convenient options to hide synthetic urine on your body. You can use the stash leg belt, stash boxers, or waist belt is in case your drug test is supervised. Also, you can save money and sew a pocket on your underwear. Put the bottle with the sample into a discreet place on your body and go to the testing facility. Before entering the facility Check the strip on the bottle to ensure the sample! Best fake urine on the market: Incognito Belt If you have the budget, the Incognito Belt is unquestionably the top choice when it comes to synthetic urine kits in the USA. It boasts the most advanced formula, a dependable heating system, and a discreet way to conceal it for your convenience. But if you don't want to spend quite as much, and have preparation time, then Sub Solution is an equally good option, but you'll need time to prepare the urine. At the budget end, TestClear Powdered Urine Kit is the best option. It is simple in formula but capable of passing a drug test? In theory, you can use someone else clean urine to pass the drug test. Despite that there are methods to keep urine fresh for a drug test, I don't recommend it. The chance of failing is exceptionally high because of the following reasons: You never know if the urine is really clean. Human urine spoils fast, so you cannot guarantee it will stay good until the submission. You still need to heat it to the right temperature and buy a heating pad. You can save money and use a bottle of warm water to heat your sample, but the results are not guaranteed. Do you really want to risk that much? What is synthetic urine? Synthetic, or artificial, urine was originally created to simulate the effects of real urine on various products such as diapers, cleaning supplies, mattresses, and medical equipment. It typically contains a blend of the following ingredients to replicate the characteristics of actual urine: Creatinine Yellow dye Uric acid Urea Water pH balance Synthetic urine is crafted to closely match the density and other properties of real urine, particularly for use in drug and validity tests. These imitation samples include natural levels of creatinine and are designed to have the same specific gravity and pH as real urine. People often sneak these synthetic samples into testing facilities using concealed containers hidden in their clothing. The samples are then warmed and used to fill the test cup. Can a drug test detect fake urine? In short - yes. Only the best synthetic urine brands will pass all lab tests, including immunoassay analysis and gas chromatography. While there are methods to detect synthetic urine during validity checks, such as those described by Quest Diagnostics, they don't catch all types. The catch is that not every client opts for validity tests due to additional costs. Essentially, labs might detect low-quality synthetic urines that skimp on composition, but high-quality variants are much harder to identify. Anecdotal evidence from discussions on platforms like Reddit suggests that people often pass? It's critical to note that synthetic urine won't work for supervised drug tests where a collector observes the sample being given. These are common in the military, certain athletic organizations, and some court-ordered situations. For most standard employment and on-the-job drug tests, which are unsupervised, you're typically alone in the bathroom. In these scenarios, and where the test isn't too stringent, high-quality synthetic urine can be an effective way to pass. Synthetic urine brands to avoid at all costs These are popular but low-quality brands of fake urine that you should avoid for a variety of reasons: Magnum Agent X Synthetic urine, it actually contains a separate vial of uric acid that they started putting in with the synthetic urine because it didn't contain any! FAQ Most synthetic urine kits have a shell life of two years. You should store it in a cool, dry place and avoid direct sunlight. Keep it away from any sources of heat or moisture. When transporting synthetic urine, keep it in an airtight container. Synthetic urine is not a real urine sample and, therefore, cannot be frozen. It is made up of a combination of chemicals and other substances that are designed to mimic the properties of real urine can be used by both males and females. You can find synthetic urine at some local markets, but these often carry low-quality products. For high-quality synthetic urine suitable for drug tests, I recommend purchasing from reputable online vendors like TestNegative and TestClear. Synthetic urine is a carefully formulated mixture that simulates real human urine. It generally includes water, urea, creatinine, potassium chloride, and sometimes uric acid to mimic the chemical and physical properties of natural urine. The cost of fake urine varies. The simplest kits start around \$20 and include just the synthetic urine. More comprehensive kits, which may feature reliable heating options and stealth belts, typically cost around \$130. The most advanced options, including electric urine warmers, can reach up to \$250. The natural temperature of human urine is between 97°F and 100°F. However, because sample falls outside this range, it might be rejected. Creating synthetic urine at home involves mixing precise amounts of specific chemicals to replicate real urine. You'll need distilled water, urea, creatinine, sodium chloride, and potassium chloride, and potassium chloride. Mixing these ingredients in the correct proportions creates a solution that mimics the chemical properties of urine. The most common method to keep synthetic urine at body temperature is to use your body heat; tucking the urine container into your groin area works well. Alternatively, hand warmers or heat pads are popular for maintaining temperature. Electric urine warmers are also available but tend to be bulkier and more expensive. Room Temperature: Urine can be stored at room temperature for up to 4 hours. After this, it begins to degrade. Refrigeration: If storing urine overnight, keep it in the fridge. It should remain viable for up to 24 hours. Freezing may alter its composition. A standard 5-panel drug test typically does not detect synthetic urine. This test is designed to measure the presence of drug metabolites in the urine, not to determine if the sample itself is fake. It focuses on specific substances like THC, cocaine, opiates, amphetamines, and PCP. However, some laboratories offer additional tests that can identify synthetic urine. These specialized tests are capable of detecting low-quality fake samples by checking for abnormal chemical compositions, such as the absence of certain biological markers like creatinine or incorrect pH levels. 1 Drink lots of fluids before the test. Also called flushing, this method remains one of the easiest, cheapest, and most successful ways to get a false negative on a pee test. Pee tests do not measure the amount of drugs in urine; they measure the amount of metabolites in the urine. Drugs are ingested and then come out of the system as metabolites that aren't tainted by drugs. Urinalysis checks for 31 different metabolites caused by marijuana, 4 caused by cocaine, 3 caused by opiates, 1 caused by Phencyclidine, and 5 caused by amphetamines. Be careful not to over-hydrate. Although rare, it is possible to drink too much water and damage your internal organs, enough so to become fatal.[2] This is called water intoxication. 2 If you notice your pee becoming excessively watery a clear tip-off for some analyses — try taking the vitamins B-2 or B-12. These can also be found in B-Complex multivitamins, and turn the color of your urine yellow. Take about 50 to 100 milligrams. Advertisement 3 Try taking diuretics, like Midol.[3] Diuretics help your body rid itself of water and sodium.[4] Coffee, diet pills, and certain prescription drugs are also diuretics, but they're not as effective as Midol at ridding your body of the water that contains those telling metabolites. It may sound weird to have Midol if you're a dude, but don't worry, you'll thank Midol after your drug test comes back negative. 4 Try peeing into the cup mid- or end-stream, not immediately. How you pee into the urinalysis cup matters. Try peeing a little bit into the toilet, and then direct your stream into the cup when you're nearing the end of your stream. Pee near the end of the stream is supposed to contain fewer metabolites than pee at the beginning. Try also to pee several times in the morning before taking the drug test. Your pee will contain more metabolites if you haven't already gone to the bathroom before you take the test. 5 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 6 Try taking an aspirin a couple of hours before the test. 7 Try taking an aspirin a couple of hours before the test. 8 Try taking an aspirin a couple of hours before the test. 8 Try taking an a in a single serving will leave you fine, albeit a little light-headed. 6 Don't waste your money on commercial products that disguise or clean urine. There's no evidence that these products work. On top of this, they're expensive, and many of the ingredients are simple diuretics, which you can purchase or make for far less cash. It's pretty safe also to assume that drug testing companies are trying just as fast to come up with ways to detect these substances as manufacturers are coming up with ways to invent them. If you can, stay away. Advertisement 1 Gather supplies. You'll need a full range of vitamins and healthy drinks to protect from hyperhydration. [6] This method takes at least a week, but it's healthier than overloading your system with water, which can flush out important vitamins, nutrients, and electrolytes. To do a healthy flush, you'll need to constantly replace what is being flushed out. Stock up on the following: Multi-vitamins Sports drinks Fresh fruits and veggies Tea (green detox tea Other diuretics (cranberry or apple juice, coffee, etc.) 2 Drink plenty of fluids. Drink 20 to 40 ounces of sports drink per day to restore your electrolytes and keep you hydrated. Drink the tea and other diuretics throughout the day as well. Do not drink more than 2 gallons (7.6 L) total of fluids per day. 3 Take the vitamins as directed. Replenish your body by taking a multivitamin either once or twice a day, as directed on the packaging. 4 Exercise every day. Build up as much in such a time. Sweating helps the body excrete waste through your pores, as well as your bladder. 5 Eat healthy food. Your body will need all the nutrients it can get. Eat plenty of fruits, vegetables, legumes, and lean proteins the week before your drug test. 6 Pay attention to your body. If you feel sick, you could be taking in too much water in too short a time. Your health is more important than passing the drug test, so don't overdo it. Advertisement 1 Drink cranberry juice or take cranberry juice or take cranberry is a natural diuretic, meaning it will help your body flush itself of water and sodium, though not at the rate that Midol might. Although there is some doubt about cranberry's effectiveness for regular drug users, it really can't hurt if you use it responsibly and in combination with other methods. 2 Try experimenting with zinc. Many drug users report successfully passing an EMIT test after taking zinc sulfate the night before your test. Avoid eating too many solids. Then, the morning of your test, take the same dose of zinc sulfates. Do not take any more than this if you choose to use zinc. Over-medicating with zinc can lead to harmful mineral deficiencies and should be avoided. 3 Be careful about niacin. Some people choose to use Niacin, or vitamin B3, in the hopes that it will help them pass their drug test. Niacin has not been proven effective at masking drugs in the urinalysis.[7] [8] Moreover, it's possible to experience very adverse side-effects with over-medication.[9] If you do choose to use Niacin to try to cover up drugs in your system, be careful. It's probably safer to try to use another product or method. 4 When all else fails, spike it. This is a last resort, but if you can't try any of the above methods, you can try to spike the urinalysis. Bleach, detergent, or blood is rumored to be capable of throwing off the results of the test in order to buy you more time. If you have long fingernails, try hiding a small amount of bleached laundry detergent crystals underneath them. Then, when it comes time to take the test, add the detergent crystals to the pee sample and be sure to mix well. This may buy you enough time to take the test again another time when you're more prepared. Advertisement Ask a Question Advertisement Thanks Helpful 39 Not Helpful 35 Not Helpful 36 The advice in this section is based on the lived experiences of wikiHow readers like you. If you have a helpful tip you'd like to share on wikiHow, please submit it in the field below. Ask a friend with clean urine to provide a sample for you in a condom or container shortly before your test. Keep it tucked against your body to stay warm, then use a needle to puncture the condom and pour the clean urine into the collection cup. While commercial masking products often don't work, simple baking soda may help. Mix 1 tablespoon of baking soda per 50 lbs of body weight into water and drink about 2 hours before the test. This can cause diarrhea but may mask drug metabolites. Try taking zinc supplements — zinc is thought to help move drug metabolites out of the urinary tract. However, only take about 250 mg daily for 1-2 days before the test. Taking too much zinc can lead to dangerous mineral imbalances. Exercise vigorously in the days leading up to the test to sweat out toxins. Pair exercise with drinking extra fluids to flush your system. Pay attention to signs of dehydration and stop exercising if you feel unwell. Consider using an at-home drug test first to see if you will pass before going to the official test. That way, you can avoid over-diluting your sample if you test negative at home. Advertisement wikiHow is a "wiki," similar to Wikipedia, which means that many of our articles are co-written by multiple authors. To create this article, 63 people, some anonymous, worked to edit and improve it over time. This article has been viewed 5,513,179 times. Co-authors: 63 Updated: July 14, 2023 Views: 5,513,179 times. Co-authors: 63 Updated: July 14, 2023 Views: 5,513,179 times.